



Kentucky Psychological Association Kentucky Psychological Foundation

We hope you enjoy our KPA & KPF 2nd Quarter E-Newsletter where we highlight what psychologists are working on and thinking about across Kentucky. If you are interested in submitting an article, please email our Newsletter Editor **Chris Dewhurst, Psy.D.** at chrisedwhurst@gmail.com.

As we move into 2024 we will have new members serving our on boards, [please click here to see the full 2024 KPA Board of Directors.](#)

APRIL 2024



Eric Russ, PhD

A Note from the Executive Director

"Talent wins games, but teamwork and intelligence win championships." – Michael Jordan

As we head into summer, KPA members can be proud of the work we've done as an association. These successes have come because of the collaboration and teamwork across our Board and Committee leaders, our dedicated KPA staff, and members showing up!

Advocacy: There are more details later in the newsletter, but I'm thrilled with what we were able to accomplish this term. We passed a bill making Kentucky the most progressive state for Master's licensure in the country. Also in that bill is some relief for licensure applicants stuck in delays with KBEP. Along with many other groups in this effort, we were able to prevent multiple very harmful anti-DEI bills from passing.

[Click here to read the full article](#)



A.J. Steele, PsyD, LCADC, TPS

A Note from your KPA President

Spring is upon us, and your KPA has been busy. I wanted to share my excitement about our revamped Kentucky Psychology Student Conference held April 13th at Kentucky State University. We had over one hundred attendees and the energy was palpable! From undergraduate and graduate workshops, to the new ED talks, to the poster presentations, information and knowledge were exchanged by everyone involved. I enjoyed being able to interact with the students and was impressed with the commitment to their education and the field of psychology. The future of psychology in our state is in great hands!

[Click here to read the full article](#)

UPCOMING EVENTS

Limited Onsite Registration will be Available!

Implications of Personality Differences for Psychotherapy and Supervision

Friday, April 26th
9:00 AM - 5:00 PM
Louisville, KY

Aggregating the implications of personality differences for clinical and supervisory work has been a central concern for psychologists since the early part of the twentieth century. Everyone has a personality, whether or not it can be consistently portrayed. Over time, the revision of the DSM, personality issues have been neglected in a variety of "disorder" categories and described by measurable traits. In the morning session, Dr. McWilliams will offer her different lenses through which individuality has been viewed (management, attachment style, observed clinical pattern, defensive structure, affective organization, mood, cognitive style, responses, core relational needs, and level of severity). She will offer empirical support for each perspective and using examples, discuss practical clinical implications of each angle of view, especially that of level of severity. In the afternoon, she will explore the supervisory process, with emphasis on historical controversies, overall goals, ethical challenges and suggestions of supervision to the industries of both supervisor and supervisee. There will be time for questions and discussion.



Nancy McWilliams, Ph.D.
This workshop fulfills the KPS 319 advanced supervision requirement for KBEP approved supervisors.

For additional information & to register visit www.kpa.org

NATIONAL REGISTER OF HEALTH SERVICE PSYCHOLOGISTS

TELEHEALTH VS IN-PERSON: ETHICS AND STRATEGIES FOR TREATING THOSE AT RISK

DRS. MARY K. ALVORD, PH.D. & DAVID JOBS, PH.D.
CELEBRATING EDUCATION RESEARCH FOR PSYPACT & LICENSURE GENERAL WITH THIS 3 HOUR WORKSHOP

Friday, May 3rd
12:00 - 3:15 PM ET | 11:00 AM - 2:15 PM CT

Don't miss out on this special offer for KPA members!

Dr. Mary K. Alvord and David Jobs will present key ethical considerations for telehealth in this 3-hour workshop designed to meet PSYPACT and licensure renewal requirements. They will focus on criteria to help practitioners determine when it is in the client's best interest to use in-person versus telehealth sessions, or when it's appropriate to use a hybrid model and at what point in treatment. Use the code **KENTUCKY** to receive a \$15 discount on your registration!

[Click to register!](#)

2024 KPA

Advancing Kentucky Psychology

GROWING OUR COMMUNITY & EMBRACING NEW IDEAS

NOVEMBER 14TH - 16TH | LOUISVILLE KY

[CLICK HERE FOR MORE INFORMATION](#)

LEGISLATIVE CORNER

2024 SESSION



Laurie Mount Grimes, PhD, MPH

Legislative Win Looks Likely!

As the long and at times tense legislative season draws to a close, KPA is poised to celebrate some big wins! At this writing, the General Assembly has completed the bulk of its work and is in a 10-day holding period while Governor Beshear reviews all legislation passed through both chambers and has the opportunity to veto bills. The legislators will convene for two final days of official business on Friday, April 12th and Monday, April 15th during which they can override Gov. Beshear's vetoes and passes additional bills (though, if vetoed, the Governor's decision could not be overridden by the General Assembly on any additional bills). Based on reasonable expectations, here is what KPA will be celebrating when the General Assembly gavelts out on April 15th:

1. The Master's Bill!!!!!!
The Master's bill will amend the psychology licensure law so that master's level providers can pursue independent licensure after 2 years of supervision rather than 5, and extend the initial application grace period from 60 to 180 days.

[Click here to read the full article](#)



Cay Shawler, MS

Legislative Committee Successes!

There were several significant success stories this year! **Our psychology Bill, HB56 passed!**

This will reduce the years of supervised experience for independent practice for Master's level graduates from 5 to 2 years. This is in line with other Master degree programs. Kentucky will again be on the forefront nationally with the credentialing of Master's level practitioners. This will assist in keeping psychological services available to the public across the state.

[Click here to read the full article](#)



Ben Birkby, PsyD

Shaping Tomorrow: KPA-PAC in Kentucky's Legislative Arena

As the current legislative session in Kentucky draws to a close, you can rest assured that your Kentucky Psychological Association (KPA) Political Action Committee has been advocating for crucial issues impacting our field and the well-being of our communities. We actively discussed recommendations from the KPA Legislative Committee and made decisions about which campaigns the PAC should contribute to, ensuring that psychologists' voices were heard in the political arena. The members of the KPA-PAC are proud of the fact that we operate in a nonpartisan manner, focusing solely on advocating for candidates who support policies and legislation that benefit the field of psychology and the well-being of individuals in Kentucky, regardless of their political affiliation.

[Click here to read the full article](#)

2024 LEGISLATIVE WRAP-UP FOR KPA MEMBERS

TUESDAY, APRIL 30TH | 12:00 PM ET

Hear from KPA's legislative team about what went well and what didn't in the 2024 Kentucky General Assembly. This will include a detailed discussion of anti-trans legislation and answering your questions about what all this means for KPA Members. Registration for this event is free but required - attendees will receive Zoom details upon registering. Members can submit questions they want addressed during this member town hall using the button below.

[Register Here!](#)

KENTUCKY PSYCHOLOGICAL FOUNDATION NEWS



Erin Biesecker

KPF Board Member Spotlight

The Kentucky Psychological Foundation has many new, active board members! We would like to introduce you to Erin Biesecker, a doctoral student at the University of Louisville Counseling Psychology program who has served on the Board since January 2024. Erin is pursuing a clinical career serving LGBTQ+ clients in session and widely in the community. Erin's dissertation research focuses on improving minority stress instruments and dispersing minority stress across state lines.

[Click here to read more](#)

Kentucky Psychology Student Conference

Empowering Voices: Fostering Connection & Building Community

WRAP UP

After a lot of work from both our planning committee and KPA staff, a newly refreshed KPSC was a huge success. Over 100 graduate and undergraduate students who came together for learning, networking, and presenting top tier research.

The future of psychology is in good hands!

[See all of our winners here!](#)



Collin Davidson, PhD

A Closer Look a Psychologists' Economic Health

Psychologists often work closely with other professionals who make high salaries such as primary care physicians, psychiatrists, and lawyers. And while a career in psychology can certainly result in reasonable financial security, there are obvious reasons for concern about our collective financial health. Notably, Doran, Kraha, Marks, Armeen, and El-Ghoroury (2016) estimated the anticipated educational debt of graduate students at a median of \$110,000, which led many to consider putting off life milestones such as marrying, buying a home, or having children. A more recent estimate demonstrated that PhD students accumulated an average debt of \$122,000 and PsyD students had an average debt of \$231,000 (Wilcox, Pietrangola, Fara, Franks, Garriott, & Burish, 2022). Both studies highlighted that the increased cost of graduate education is not matched by high-earned entry-level salaries in the field. This increased financial strain puts psychologists at risk for poor financial health.

[Click here to read the full article](#)

Alert: New CE Requirement

KENTUCKY CONTINUING EDUCATION REQUIREMENTS FOR LICENSURE				
Ethical Practice/ Risk Management All psychology licensures 3 CE Hours every 3 year licensure period 201 KAR 26-175	Suicide Assessment, Treatment, & Management All psychology licensures 6 CE Hours once every 6 years KRS 210-366	Clinical Supervision Licensed psychologists with Health Service Provider designation Basic Supervision 3 CE Hours completed within the first year of HSP designation 201 KAR 26-171	Domestic Violence & Elder Abuse All psychology licensures 3 CE Hours completed in the first 3 years of licensure KRS 194A-540	Cultural Competency All psychology licensures 3 CE Hours every 3 year licensure period Starting June, 2024

In 2022, a law was passed to add an additional 3 hours of required continuing education on the topic of social and cultural factors that affect health, functioning, and quality of life to the required 39 hours of continuing education credit every 3 years for licensure under KBEP. This change in the licensure law was initiated by KPA and will go into effect in June of 2024.

[Click here to read more](#)

UPCOMING EVENTS

CLINICAL WEBINARS FOR HEALTH SERVICE PSYCHOLOGISTS

TRANSFERRING RESEARCH TO PRACTICE

Recognizing and Treating Body Dysmorphic Disorder

Sony Khemlani-Patel, PhD
Thursday, May 15, 2:00-3:00 p.m. ET | 1:00-2:00 p.m. CT

Don't miss out on this special offer for KPA members!

Dr. Khemlani-Patel will present the webinar Recognizing and Treating Body Dysmorphic Disorder. Dr. Sony Khemlani-Patel will help you to recognize and assess for BDD diagnosis, distinguish it from disorders with overlapping symptoms, and introduce evidence-based treatment strategies. Use the code **KPAID** to receive a \$10 discount on your registration!

[Register here!](#)

Early Bird Registration NOW Available!!

THE KENTUCKY PSYCHOLOGICAL ASSOCIATION PRESENTS

LIVE INTERACTIVE WEBINAR
Overview of **Couples Therapy: Evidence-based Theories, Assessment, Interventions, and Resources, 1.5 CE**



Presented by **Scott Salatho, PsyD**

Relationship distress continues to be one of the most common presenting problems, and couple therapy can be an effective modality, esp when grounded in evidence-based theories and methods. In this workshop, participants will be introduced to three most evidence-based models (Cottman, IBCT, and EFT), including a brief description of key assessment and intervention procedures. We will also focus on resources for additional training, consultation, and supervision.

Skill level: Intermediate

[CLICK HERE TO REGISTER](#)

[Register here!](#)

LOOKING FOR A JOB OR LOOKING POST A JOB OPENING?

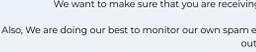
LOOK NO FURTHER!

VISIT WWW.KPA.ORG

to view any available job openings or advertise with us!

We want to make sure that you are receiving the the emails you want, please check your spam.

Also, We are doing our best to monitor our own spam emails if you don't hear from us in 3 business days, please reach out by phone.



Questions, Concerns, Comments?
You can reach out to us via email at kpa@kpa.org or give us a call at 502-894-0777.

Be sure to follow us on all our social platforms:
[Facebook](#), [LinkedIn](#), [X \(formerly Twitter\)](#) & [Instagram](#)