

KENTUCKY PSYCHOLOGICAL FOUNDATION
KENTUCKY PSYCHOLOGICAL ASSOCIATION

We hope you enjoy our KPA & KPF 1st Quarter E-Newsletter where we highlight what psychologists are working on and thinking about across Kentucky. If you are interested in submitting an article, please email our Newsletter Editor **Chris Dewhurst, Psy.D.** at chrisdewhurst@kpaonline.com.

As we move into 2024 we will have new members serving on our boards, [please click here to see the full 2024 KPA Board of Directors.](#)

FEBRUARY 2024

REGISTRATION ENDS TODAY!!!!

Psychology Day at the Capitol
Tuesday, February 27th - Frankfort, KY
8:30 AM - 2:00 PM EST

Let your voice be heard! KPA members are invited to gather in Frankfort to raise awareness among our legislators about important issues affecting mental health and the profession and practice of psychology.

Event Highlights: You will have the opportunity to:

- Participate in individual or group meetings with your legislators
- Meet legislators who have worked closely with KPA
- Watch committee meetings
- Learn more about how the legislative process works and how you can be an effective advocate
- Help increase awareness among policy-makers about KPA, the science and practice of psychology, and issues that affect psychologists and the Kentuckians we serve

[Click here to register today!](#)

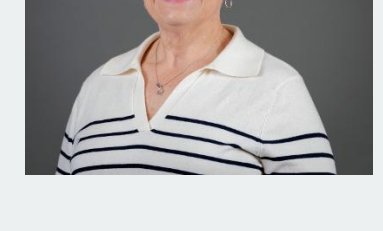


Eric Russ, PhD

A Note from the Executive Director

KPA's advocacy team has been very busy since January 1st. Much of this newsletter will be dedicated to information around KPA's advocacy efforts during the legislative session. I want to start here with thinking about WHY psychologists should be advocates. We live in a world shaped by legislative policy. As psychologists, we are of course focused on issues concerning our licensure and scope of practice. The work psychologists are allowed to do and what protections exist against other professions infringing on that work is a matter of policy. There are again bills this year that continue to threaten confidentiality for those working with LGBTQ+ youth in schools. Having a strong voice in Frankfort is critical to protecting that and making changes, like we are working to do for our Master's colleagues with HB35.

[Click here to read the full article](#)



A.J. Steele, PsyD, LCADC, TPS

Welcome to the New Year

The year is off and running, like many of you, I imagine! Thanks for taking a moment to read KPA's 2024 1st Quarterly Newsletter. I am excited to start my new role as President for KPA. I have been a member since beginning my Spalding University graduate days in 1995. Our Association is one of the strongest state chapters of APA and this is due to the dedication and passion of our previous leaders and members. I am honored to have the opportunity to continue their tremendous legacy.

[Click here to read the full article](#)



Laurie Mount Grimes, PhD, MPH

Frankfort Updates

At this writing, we are one month and 630 bills into the 2024 General Assembly session. KPA is currently tracking over 90 bills, with these garnering the most attention so far:

SUPPORT
HB 35 - the psychology bill that will amend our licensure law so that master's level providers can pursue independent licensure after 2 years of supervision rather than 5, and extends the initial application grace period from 60 to 180 days. Rep. Lisa Willner filed the bill and we are waiting for it to be heard in the Licensing & Occupations Committee. Legislators on both sides of the aisle have expressed support.

[Click here to read the full article](#)

UPCOMING EVENTS

THE KENTUCKY PSYCHOLOGICAL ASSOCIATION & FOUNDATION PRESENTS

Live Interactive Webinar

RUNNING IN PLACE: KEEPING UP WITH TELEHEALTH AND NEW TREATMENT TECHNOLOGIES

Friday, March 15th, 2024
12:00 - 3:15 PM

In a few short years, telehealth has progressed to becoming an integral part of service delivery. The technology behind telehealth has kept pace as more services are available to assist in providing treatment than ever before. In addition, technological advances have enhanced how treatment can be provided. Areas like virtual reality, apps, chatbots, wearable devices, and artificial intelligence (AI) are all making rapid advancements. It can feel overwhelming to keep pace with all of the change. This webinar will keep practitioners in the loop of the major changes technology is introducing to the field and help them to envision ways these changes can be incorporated into their practice. Skill level: Beginning

THIS WORKSHOP FULFILLS THE TELEHEALTH CONTINUING EDUCATION REQUIREMENT FOR PSYCAT

PRESENTED BY DAN FLORELL, PH.D.

[Click to register!](#)

NATIONAL REGISTER OF HEALTH SERVICE PSYCHOLOGISTS

CLINICAL WEBINARS FOR HEALTH SERVICE PSYCHOLOGISTS

TRANSLATING RESEARCH TO PRACTICE

Preventing Adverse Childhood Experiences With Concrete and Economic Supports
J. Bari Kluka, PhD, MSW

Wednesday, February 28, 2:00-3:00 p.m. ET / 1:00-2:00 p.m. CT

[Click to register!](#)

KENTUCKY PSYCHOLOGICAL FOUNDATION NEWS



Sarah Burress

Introducing KPF's Nonprofit Wellness Initiative

We are thrilled to unveil KPF's new program the Nonprofit Wellness Initiative (NPWI), designed to support and uplift the nonprofit sector across the Commonwealth of Kentucky, and specifically tailored to address the well-being of nonprofit leaders and their dedicated staff members.

At the heart of the NPWI is a recognition of the invaluable contributions made by nonprofit organizations in our communities. These organizations, driven by passion and purpose, tackle some of society's most pressing issues, from healthcare to education, social justice, and beyond. However, this dedication often comes at a cost, with nonprofit professionals facing unique challenges and stressors that can lead to burnout and fatigue.

[Click here to read more](#)



Courtney Keim, PhD

KENTUCKY PSYCHOLOGICAL FOUNDATION

Kentucky Psychology Student Conference

Empowering Voices: Fostering Connection & Building Community

→ Saturday, April 13th
→ Kentucky State University

The **Kentucky Psychology Student Conference** planning committee hopes to support a collaborative research exchange among all psychologists in the state. We look forward to graduate and undergraduate students across all areas of psychology presenting their research to their colleagues, professors, and our clinical and applied psychology community. We encourage poster submissions representing a broad range of psychological inquiries. Any area of psychology is welcome! The deadline to enter the poster competition is **Friday, March 29th, 2024** - enter today!

[Click here for additional information & to register today!](#)

PRE-SALE ALL ACCESS PASS

YOUR ALL ACCESS PASS INCLUDES ADMITTANCE TO ALL 3 DAYS OF PROGRAMMING, INCLUDING LUNCHEAS, A DRINK TICKET FOR THE THURSDAY EAT AND GREET RECEPTION, AND A TICKET TO OUR FRIDAY AWARDS DINNER & SOCIAL!

MAKE A \$100 DEPOSIT THEN 4 PAYMENTS OF \$100 TO SECURE YOUR PASS AT THIS RATE!

MUST BE PURCHASED BY THURSDAY, FEBRUARY 29TH

NOVEMBER 14TH - 16TH

LOUISVILLE
MARRIOTT EAST
1903 EMBASSY SQUARE BLVD, LOUISVILLE, KY



Cay Shawler, MS

Legislative Committee Update

The Legislative Committee (LC) has finalized the Legislative Priorities for the 2024 Legislative Session. Laurie Mount Crimes, PhD, is the KPA lobbyist and will be leading the efforts again this year. Eric Russ, PhD, will also be available to testify as needed on issues of priority.

This session bills will not be prefiled. This makes it more difficult to know what is proposed and when it could be heard. We will be monitoring bills on a daily basis and the LC will meet weekly starting in January. We will evaluate the bills and follow them on a tracker sheet as to our support or opposition.

[Click here to read the full article](#)



Rachel Buehner, PhD

Is Virtual School The Answer? Helping Our Clients Manage Social Anxiety, School Avoidance, and School Choice

Hoping to offer parents autonomy over students' learning, Oldham County Public Schools recently invited district families to submit feedback regarding a possible [all-virtual learning option](#) for OCPS students. Jefferson County and other larger districts in Kentucky have offered similar all-virtual programs for several years, even prior to the COVID-19 pandemic. In my clinical work, I've encountered parents who feel that virtual learning is a better option for their anxious child, or for a child who might have dealt with bullying or other interpersonal stressors. Parents who contend with their child's school anxiety often feel that moving to a virtual option might potentially alleviate a family's biggest stressor.

[Click here to read the full article](#)



Sheila A. Schuster, PhD

Why Advocacy? Why Public Policy? Why Political Giving? Lessons from an Old Psychologist

- Frankfort will happen – whether YOU are there or not...
- And what happens in Frankfort affects YOU!
- 138 legislators—only one of whom is a psychologist—will make decisions that affect YOUR licensure & practice, YOUR clients, YOUR workplace, YOUR family and YOUR community.
- YOU can choose to be a victim of the system or YOU can choose to influence the system. It is a crucial time to be involved!

As many of you know, I have been going to Frankfort to advocate for psychology, for Kentuckians with behavioral health disorders, and lack of access to health care for over 40 years. During that time, I have done hundreds of presentations on advocacy to a wide variety of audiences. And in each of those, I try to explain to the audience why it is important to be involved and active in what goes on in Frankfort...not to sit on the sidelines, but to get into the action.

[Click here to read the full article](#)

Navigating the Intersection of Artificial Intelligence and Psychology

Maggie Richardson, University of Kentucky, Tiara Abell, University of Louisville, & SK McCurry, University of Kentucky - KPA Ethics Graduate Students

Introduction
While still considered an emerging technology, artificial intelligence (AI) has already globally impacted people and industry (Crowder & Friess, 2012). From student use of AI essay-writing software to the ethical standards AI may fall under to AI-based therapy services, AI is now a discussion that reaches all branches of psychology (Fiske et al., 2019). How is AI currently relevant to psychology, what does its rapid advancement mean for our field, and what are the ethical considerations surrounding its use? This article will explore the role AI is currently playing in the advancement and implementation of psychological study and practice, as well as what AI has been previously used for and what it may soon modify for us.

[Click here to read the full article](#)

UPCOMING EVENTS

NATIONAL REGISTER OF HEALTH SERVICE PSYCHOLOGISTS

CLINICAL WEBINARS FOR HEALTH SERVICE PSYCHOLOGISTS

TRANSLATING RESEARCH TO PRACTICE

From Health Care to Home: Extending Sex-Positivity to Work With Parents of LGBTQ+ Youth
Christie Kessler, PhD, LCSW, AARP

Thursday, March 14, 2:00-3:00 p.m. ET / 1:00-2:00 p.m. CT

[Click here to register](#)

Implications of Personality Differences for Psychotherapy and Supervision

Friday, April 26th
9:00 AM - 5:00 PM
Louisville, KY

Appreciating the implications of personality differences for clinical and supervisory work has been a central concern for psychotherapists since the early part of the twentieth century. Everyone has a personality, whether or not it can be considered pathological. Ever since the 1980 revision of the DSM, personality issues have been relegated to a section of "disorder" categories and described by measurable traits. In the morning session, Dr. McWilliams will offer new clinical lenses through which individuality has been viewed: temperamental, obsessive-compulsive, defensive patterns, defensive structures, affective organization, empathic cognition, other tendencies, self-definition versus self-in-relation orientation, core relational themes, and level of severity. She will offer empirical support for each perspective and, using examples, discuss practical clinical implications of each angle of vision, especially that of level of severity. In the afternoon, she will examine the supervisory process, with emphasis on historical controversies, current topics, ethical challenges and adaptations of supervision to the individualities of both supervisor and supervisee. There will be time for questions and discussion.

Nancy McWilliams, Ph.D.

This workshop fulfills the KPS 319 advanced supervision requirement for KPEP approved supervisors.

[Click here to register](#)

OPEN CALL

We are accepting Proposals for our 2024 Annual Convention in Louisville, KY!

[Click here to submit your proposal!](#)

We want to make sure that you are receiving the emails you want, please check your spam.

Also, We are doing our best to monitor our own spam emails if you don't hear from us in 3 business days, please reach out by phone.

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Questions, Concerns, Comments?
You can reach out to us via email at kpa@kpa.org or give us a call at 502-894-0777.

Be sure to follow us on all our social platforms: Facebook, Twitter, & Instagram