



KENTUCKY PSYCHOLOGICAL FOUNDATION KENTUCKY PSYCHOLOGICAL ASSOCIATION

Exciting News from KPA & KPF

We hope you enjoy our KPA & KPF 1st Quarter E-Newsletter where we highlight what psychologists are working on and thinking about across Kentucky. If you are interested in submitting an article, please email our Newsletter Editor **Chris Dewhurst, Psy.D.** at chrisdewhurst@gmail.com.



Eric Russ, Ph.D.

From the Executive Director

[Social and Cultural Continuing Education Requirement](#)

All, I've received a few inquiries about our psychology bill and wanted to take this opportunity to thank you all for your advocacy around HB 237 which has passed the House! Your calls and the work of our KPA advocacy team helped us get us this far. We'll need more calls in the Senate but I'm confident we can get this over the finish line! [Click here to read the full article.](#)



**Steven D. Kniffley Jr., Psy.D. MPA
ABPP HSP**

A Message From YOUR President

Hello! My Name is Steven D. Kniffley Jr. and it is my utmost honor to serve as your KPA President for 2022! I am Spalding University's Chief Diversity Officer and an Associate Professor in Spalding University's School of Professional Psychology. I am also the Director for the Collective Care Center Racial Trauma Clinic one of very few racial trauma clinics that specializes in training, education, and service related to race-based stress and trauma. My areas of expertise are research and clinical work with Black males and the treatment of race-based stress and trauma. [Click here to read the full article.](#)



Karen Graves, Ph.D.

New Director of Professional Affairs

KPA is happy to welcome Dr. Karen Graves on board as our new Director of Professional Affairs (DPA)! We are pleased to be able to continue to offer professional/practice consultations with our DPA as a KPA member benefit! We know our members value the dedication and responsiveness of our DPA to address clinical and regulatory questions. We are thrilled to have Dr. Graves as part of our team and look forward to you all getting to meet her. You are welcome to reach out to her at dpa@kpa.org! [Click here to learn more about our new DPA!](#)

KPA TOWN HALL:
KPA Updates and Meet & Greet

FRIDAY, FEBRUARY 25TH 4-5 PM EST

Please join us on February 25, 2022 to welcome Dr. Karen Graves, KPA's new Director of Professional Affairs, and hear some updates on what is happening in YOUR professional membership association!

[CLICK HERE TO REGISTER](#)

ERIC RUSS, PH.D.
Executive Director

KAREN GRAVES, PH.D.
Director of Professional Affairs

A Scenic Tour

OF INDUSTRIAL-ORGANIZATIONAL (I-O) PSYCHOLOGY:
CAREER OPPORTUNITIES, IMPACT, AND FUTURE TRENDS

FRIDAY, MARCH 4TH | 12:00 - 1:00 PM ET

From employee selection and talent analytics to career planning, leadership, and organizational development, the field of industrial-organizational psychology can seem almost impossibly broad. To help those interested in learning more about the field navigate this diversity, Drs. Rod McCloy and Gavan O'Shea will provide an overview of I-O psychology's history and current state, its various career paths, and several trends emerging as the field advances in the age of AI and virtual work. Rod and Gavan will then each describe several projects they've worked on that illustrate the field's vitality and close the session by addressing audience comments and questions.

THIS WORKSHOP IS FREE, BUT REGISTRATION IS REQUIRED.

[CLICK HERE TO REGISTER TODAY!](#)



Rachel E. Buehner, Ph.D.

[Prioritizing Fulfillment: What's Your Iteration of the Great Resignation?](#)

As we move into year three (👉) of the pandemic, each of us is hearing a lot about "The Great Resignation" from popular media, and maybe our clients, too. Folks have been working, learning, and existing either alone at home, or often on top of one another during quarantines. I've noticed a pattern in my therapy work during these last few months. After months of isolation, people have begun to seek opportunities to feel more fulfilled and connected to the ways that they spend their hours. If workers felt pressure to pivot, perform, balance family and work, and adapt for all of these months, seeking meaning after mayhem seems a natural response. [Click here to read the full article.](#)

Clinician Alert: Good Faith Estimate

I hope you all were able to join us for our webinar on the good faith estimate. To be clear, if you have patients who answer no to the questions below, you have a new requirement to comply with.

Ask if the patient 1) has any kind of health insurance coverage (including government insurance programs like Medicare, Medicaid, or Tricare), and 2) if so, whether the patient intends to submit a claim to that insurance for the service.

As of January 1st you should be providing patients who answer no with a Good Faith Estimate, which is a NEW form, separate from just an agreement to your fees.

Find more information from APA [here](#) on how to comply including a sample GFE form!

Building Community THROUGH PSYCHOLOGICAL SCIENCE

March 26, 2022 - Bellarmine University - Louisville, KY

This year's conference, Building Community Through Psychological Science, will feature a workshop presented by **Dr. Stephanie Budge**.

Providing evidence-based psychotherapy to transgender and nonbinary clients: Beyond the basics, 3 CE

Workshop Description:
This workshop will focus on best practices in psychotherapeutic practice with transgender and nonbinary clients. Practitioners who have not had any exposure to working with transgender and nonbinary clients should learn terminology prior to attending this workshop. This workshop will cover applied techniques and practice for the following topics: integrating a minority stress framework into psychotherapy, addressing internalized transnegativity, incorporating and understanding of multiple systems of oppression to address these components with clients, and addressing the role of gatekeeper with clients. This session will use transcripts from real psychotherapy sessions with transgender and nonbinary clients to incorporate an applied approach.

Therapist Interpersonal Skills for Better Client Outcomes with Empirically-Supported Treatments, 6.0 CE

FRIDAY, APRIL 22, 2022 | 8:00 AM - 5:00 PM EST | LOUISVILLE, KY

Presented by Theresa Moyers, Ph.D.

This workshop will focus on the interpersonal skills of therapists that have been associated with improved client outcomes across a variety of therapeutic approaches. Eight skills will be presented with an overall conceptualization for exploring therapists' skills. Four specific therapeutic skills will be explored in detail (empathy, evocation, offering information and advice, genuineness). For each of these four skills we will explore 1) empirical support in the published literature; 2) external, learnable behaviors of therapists that convey these skills and; 3) models for increasing proficiency for them. This workshop will incorporate didactic presentations, demonstrations, and exercises to facilitate learning. **Skill Level: Intermediate**

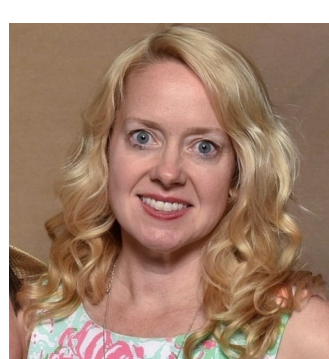
[Click here for additional information & to register.](#)



Courtney Keim, Ph.D.

Kentucky Psychological Foundation Update

I am so pleased and honored to be the new President of the Kentucky Psychological Foundation. Having been a board member for more than six years, I can attest to the expertise and passion of KY psychologists who have worked on initiatives for KPF. Thanks to these efforts, there has been great work done to promote healthy and meaningful lives to Kentuckians across the Commonwealth! And there is potential for much more. My aim for my term as President is to "go where the passion is." I want to provide support and guidance for our new board members and their interests so that we can begin new initiatives. And I want to intentionally collaborate with KPA members and leadership to strengthen our current passion projects, such as the leadership academy and mentorship program. Finally, as an Industrial-Organizational Psychologist, I plan to find new ways to engage the business community in psychologically healthy activities. [Click here to read the full article.](#)



Georgeann Brown, Ph.D.

Legislative Update

KPA's Legislative Committee is currently in our busy season, meeting weekly with our lobbyist, Dr. Sheila Schuster, every Friday to review current legislation that we are following during Kentucky's legislative session (Jan 4th - April 14th). During these meetings, we also discuss planning details for KPA's upcoming Psychology Day on Feb. 8th, and we brainstorm on how we plan to respond and act on the legislation we are supporting or opposing. The Legislative Committee monitors legislation based on the board's approved legislative priorities, voted on in December 2021. Here are the legislative priorities that the KPA board identified for 2021-2022: <https://www.kpa.org/kpa-legislative-priorities>. [Click here to read the full article.](#)



Courtney J. Wright, M.A.

Rethinking Treatment Tools: Ethical Practice Recommendations for Honoring the Origins of Mindfulness

The United States of America is one of many Westernized nations that has been transformed by a global interest in and adoption of Buddhist mindfulness practices. Mindfulness has origins in Southeast and East Asian Buddhism and is considered a foundation for other Buddhist practices. Mindfulness is the practice of bringing attention to or cultivating awareness of what is happening in each and every moment without judgement. It can be done as a formal meditation or in the less structured circumstances of everyday activities; and the foci can range from awareness of the full mind and body to awareness of one's surroundings. [Click here to read the full article.](#)

ANNOUNCING OUR NEW FEDERAL ADVOCACY COORDINATOR!

WILLIAM STOOPS, PH.D.

Dr. Stoops is the Bluegrass Representative on the KPA Board of Directors, serves on the APA Advocacy Coordinating Committee and is Professor, Departments of Behavioral Science, Psychiatry and Psychology at the University of Kentucky. He will help coordinate our federal advocacy efforts so please be on the lookout for invitations from him throughout the year!

**KENTUCKY PSYCHOLOGICAL
ASSOCIATION**

PROMOTING PSYCHOLOGY AS A SCIENCE
AND A PROFESSION TOWARD IMPROVING
PEOPLE'S LIVES



Questions, Concerns, Comments?

You can reach out to us via email at kpa@kpa.org or give us a call at 502-894-0777.

Be sure to follow us on all our social platforms: [Facebook](#), [Twitter](#), & [Instagram](#)



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