

Resources for Early Career Psychologists

KPA ECP website

Stay connected with other ECPs in your region, advocate for your professional needs, and shape the future of psychology in Kentucky!

www.kpa.org/?page=128

Financial Planning guide

Available free for download from APA

apa.org/careers/early-career/financial/index.aspx



APA Early Career Psychologist Committee

Info for early career psychologists on discounts, licensure, teaching, networking, committee work, and transitioning from student to career psychologist

apa.org/careers/early-career/index.aspx

APA ECP blog

Learn about opportunities for greater involvement and networking with other APA ECPs

<http://www.apadivisions.org/division-31/news-events/blog/early-career/>

APA Practice Central

Resources for practicing psychologists, including setting up a practice, billing, self-care, federal regulations, HIPAA and confidentiality, HER and payment processing resources, and more. (Many resources available for free. APA members who pay the APAPO fee, discounted for ECPs, can access additional resources)

<http://www.apapracticecentral.org>

EPPP & Board Certification

Info on the EPPP and becoming a board certified psychologist (increasingly important as psychology continues to integrate into the medical community)

www.asppb.net

The Trust

Professional liability insurance designed for psychologists, researchers, and students

<http://www.trustinsurance.com>

KY Cabinet for Health & Family Services

Reporting mandates, fee schedules, Medicaid information, provider resources and more

<http://www.chfs.ky.gov/default.htm>

Useful Apps for Psychologists (continued)



Reference Management

MyEndNoteWeb	https://www.myendnoteweb.com
Papers	http://www.papersapp.com
Mendeley	http://www.mendeley.com
Refworks	http://www.refworks.com
Zotero	http://www.zotero.org



Note: Click on URL to go to website



Screening Tools

STAT Depression Screening PHQ-9	https://itunes.apple.com/us/app/stat-depression-screening/id348793894?mt=8
Depression Screening	https://itunes.apple.com/us/app/depression-screening/id563265002?mt=8
Hamilton Anxiety Rating Scale	https://play.google.com/store/apps/details?id=Dardiries.HAMA.HAMA14&hl=en
NovoPsych Psychometrics	http://www.novopsych.com/functionality/app/



Tracking Tools

Moodtrack	http://www.moodtrack.com
TracknShare	http://www.trackandshareapps.com
T2 Mood Tracker	http://www.t2.health.mil/apps/t2-mood-tracker
My Pain Diary HD	http://chronicpainapp.com
Chronic Pain Tracker	http://chronicpaintracker.com
CatchMyPain	http://www.catchmypain.com
Migraine Diary	http://www.networkzllc.net/migraine-diary/
Diabetes App	https://itunes.apple.com/us/app/diabetes-app-blood-sugar-control/id387128141?mt=8
Cholesterol Manager	https://itunes.apple.com/us/app/cholesterol-manager-dietary/id454336364?mt=8
TactioHealth	http://www.tactiosoft.com/tactiohealth



Homework/Guided Practices

DBT Diary Card/Skills Coach	http://www.diarycard.net
iCounselor	http://icounselor.biz/anxiety
ICBT	http://bonfireda.com/apps/icbt/
SmallTalk	http://www.aphasia.com/products/apps/smalltalk
CBT efreee	http://www.cbtrefreee.com
Breathe2Relax	http://www.t2.health.mil/apps/breathe2relax
Anxiety Free	http://www.ican-hypnosis.com
Take a Break	http://www.meditationoasis.com/smartphone-apps/



Diagnostic Information/Billing Codes

STAT ICD-9	https://itunes.apple.com/us/app/stat-icd-9-lite/id290806829?mt=8
ICD9 Consult	http://regulararrateandhythm.com/apps/icd9-consult/
DSM-5 Diagnostic Criteria	http://www.appi.org/Pages/DSM5Mobile.aspx
Diagnostic Criteria from DSM-IV-TR	https://itunes.apple.com/us/app/diagnostic-criteria-from-dsm/id377195867?mt=8



News/Magazines/Journals

APA Monitor	http://www.apa.org/monitor/2011/05/journal-app.aspx or https://itunes.apple.com/us/app/apa-monitor-on-psychology/id550242836?mt=8
Journal Psychotherapy	http://www.divisionofpsychotherapy.org/psychotherapy-journal-app/
APA Journals	http://www.apa.org/monitor/2011/05/journal-app.aspx
PsychExplorer	http://www.psycexplorer.com
Flipboard	https://flipboard.com
Zite	http://zite.com



Shared Documents

Dropbox	https://www.dropbox.com
Copy	https://www.copy.com/home/
Google Drive	http://www.drive.google.com
Box	https://www.box.com
GoAruna Files	http://goaruna.com



Surveys/Data Collection

QuestionPro	https://www.questionpro.com/mobile/
QuickTapSurvey	http://www.quicktapsurvey.com
SurveyMonkey	https://www.surveymonkey.com/mp/iphone-survey-app/
TouchPoint	http://opinionmeter.com/products/mobile-survey-apps/



apps for psychologists