

## Kentucky Psychological Association

8004 Lyndon Centre Way, Ste. 202 Louisville, KY 40222  
VOICE (502) 894-0777 FAX (502) 894-0635 [kpa@kpa.org](mailto:kpa@kpa.org) [www.kpa.org](http://www.kpa.org)

### KPA's Strategic Priorities

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| <b>Membership</b> | <b>Advocacy</b> | <b>Leadership<br/>Development</b> |
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### Kentucky Psychological Association Board Meeting

**Date:** December 11, 2020      **Time:** 1:03– 4:17 PM (EST)  
**Location:** Via Zoom

### Minutes - DRAFT

**Present:** Steve Katsikas (outgoing President, incoming Past-President ); Rachel Buehner (outgoing President Elect, incoming President; Marianne McClure (Secretary); Don Rogers (outgoing Treasurer, incoming Rural Practice Rep); Steven Kniffley (outgoing Education and Training Interest Section, incoming President Elect); Sarah Shelton (acting Past President); David Pascale Hague (outgoing Bluegrass Region Representative); Bill Stoops (incoming Bluegrass Region Representative); Maggie Wright (Ohio River Region Rep); A.J. Steele (Western-Central Region Rep); Amanda Wyrick (Academic Rep); Amanda Oether (outgoing Early Career Psychologist Rep); Anna Duncan (Masters Representative); Felicia Smith (APA Council Rep); Kristie Schultz (Child & Adolescent Representative); Theresa Botts (Clinical Interest Section Rep); Lali McCubbin (outgoing At-Large Rep, incoming Education and Training Rep); Shambra Mulder (Diversity Interest Section Rep); Jonathan Cole (outgoing Health Psychology Rep); Patti Weiter (At-Large Rep); Aesha Uqdah (At-Large Rep)

**Committee Chairs and Liaisons: (non-voting):** Beth Simon (Membership Chair); Georgeann Brown (Federal Advocacy Coordinator); Hannah Heitz (outgoing Graduate Student Representative); Demi Zoeller (incoming Graduate Student Representative); Andri Yennari (Early Career Psychologist);

**Absent Voting Members With Notice:**

**Absent Non Voting Members With Notice:**

**Absent Voting Members Without Notice:** Tiffany Slone (outgoing Appalachian Region Rep); Edd Easton Hogg (outgoing Rural Practice Rep)

**Central Office:** Eric Russ, Executive Director; Sheila Schuster (Operations Specialist); Sarah Burress (Office Manager)

**Vacant Board Positions:** N/A

| <b>TOPIC</b>  | <b>DESCRIPTION</b>   | <b>CONCLUSION</b>  |
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| <b>Call to Order and Roll Call/ President's Remarks</b> | Katsikas called the meeting to order at 1:03 pm (EST) and made opening remarks. He reflected on 2020 and the unique challenges it has presented to psychologists, KPA, and the world. He summarized information from KPA survey and the CDC survey related to mental health.   | No motion was made.  |
| <b>Approval of Minutes from 09-11-2020</b>              | Minutes were distributed prior to the meeting. No corrections were requested.  | Motion was made to approve the minutes. Motion passed unanimously.                       |
| <b>Third Quarter Financial Report</b>                   | Rogers discussed the third quarter financial report. The report was provided prior to the meeting. Discussed interrelationship between KPA and KPF's budgets.  | Motion was made to approve second quarter financial report. Motion passed unanimously.   |
| <b>Executive Director Report</b>                        | Report was circulated prior to the meeting and is attached to the agenda. Russ summarized and discussed. He reported that membership is down around 10 %, with some recovery around convention. Russ indicated that the virtual convention was successful and that overall feedback about convention was favorable. He discussed CE's and ways to continue this valuable educational resource and revenue stream. He reported that Schuster has agreed to be lobbyist again in 2021. | No motion was made.  |
| <b>ACTION ITEM: 2021 Budget Approval</b>                | Report was circulated prior to meeting and is attached to agenda. Russ and Rogers discussed 2021 budget.   | Motion was made to approve 2021 budget. Motion passed unanimously.                       |
| <b>ACTION ITEM: KPA Legislative Priorities</b>          | Report was circulated prior to the meeting and is attached to agenda. Schuster discussed the KMHC Legislative Agenda and summarized the Recommended Top Priorities including: PSYPACT, Banning Conversion Therapy, MH Safety Net, Insurance Parity for MH & SUD, and Minors' Access to MH Services.  | Motion was made to accept the legislative priorities. Motion passed unanimously.         |
| <b>ACTION ITEM: KMHC Legislative Agenda</b>             | Report was circulated prior to the meeting and is attached to agenda. Schuster discussed highlights of this report.  | Motion was made to align KPA with legislative priorities. Motion was passed unanimously. |
| <b>ACTION ITEM: Approval of 2021 Committee Chairs</b>   | A list of 2021 Committee Chairs was circulated prior to the meeting and is attached to agenda.   | Motion was made to approve 2021 committee Chairs. Motion passed unanimously.             |

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| <b>DISCUSSION ITEM:<br/>Executive Director<br/>Evaluation Update</b> | Katsikas recommended that we forgo the evaluation update this year since Russ began his role in October.  | Motion was made to not have ED eval in 2020. Motion passed unanimously. |
| <b>DISCUSSION ITEM:<br/>Finance Committee<br/>Report</b>             | The Finance Committee met immediately before this meeting. Report will be submitted. Rogers reported that the organization seems to be in good shape, especially considering the impact of COVID- 19. The financial committee reminded the board of recommendation to have an external audit. Russ indicated that he is obtaining bids for an external audit and anticipated that the external audit will likely occur in the 1 <sup>st</sup> quarter of 2021. The finance committee also suggested that there be a focus on reengagement of past members to increase membership. Additionally, the finance committee recommended a periodic review of the KPA/ KPF relationship. | No motion was made.   |
| <b>DISCUSSION ITEM:<br/>End of year<br/>projections for 2020</b>     | Report was circulated prior to the meeting and is attached to agenda. Rogers discussed this report.   | No motion was made.   |
| <b>DISCUSSION ITEM:<br/>PAC Update</b>                               | Smith highlighted the purpose of the PAC. The PAC was reestablished in 2015 and serves as another arm of KPA's advocacy efforts. The PAC's role is critical for psychology and advocacy. It is important to maintain support and enthusiasm for the PAC. The number of KPA members who donate to the PAC has decreased. The details of who the PAC supported in the 2020 election will be posted on the PAC website.  | No motion was made.   |
| <b>DISCUSSION ITEM:<br/>KPF Update</b>                               | Russ reported that Jennifer Price, who has been president for several years, will be stepping down at the end of 2020 and Tammy Hatfield will become president in 2021. Courtney Keim will be the Vice President and Secretary in 2021. The KPF board needs additional members and is focused on recruiting members who have diverse backgrounds.   | No motion was made.   |
| <b>DISCUSSION ITEM:<br/>Convention debrief</b>                       | Report was circulated prior to the meeting and is attached to the agenda. Russ reviewed the report. Overall feedback about convention was positive; however there seemed to be a general consensus that the opportunity to network was missed.  | No motion was made.   |
| <b>DISCUSSION ITEM: End<br/>of Year Financial Status</b>             | [Executive Session]   | Executive Session ended at 3:30   |
| <b>DISCUSSION ITEM:<br/>CEPD Calendar</b>                            | Burress and Schuster reported that Salathe has assumed responsibility of chairperson for this committee. CE events for the first quarter of 2021 have been planned. There is a virtual 6 hour suicide risk assessment and management workshop that will meet licensure requirements for psychologist. There are plans for a diversity conference in September, and  | No motion was made.   |

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|  | <p>hopes that it will be live. Buehner reported that there may also be an increase in Town Halls with a utilization of more of KPA's leadership, including board members and committee chairs.</p>   |                            |
| <p><b>DISCUSSION ITEM:<br/>KBEP Update</b></p>                               | <p>Russ (for McBride) reported that KBEP continues to work well with KPA. Russ reported that KBEP is integrating the plus program to help with license renewals. KBEP is having an ongoing discussion of practicum hours and how they are calculated for postdocs. KBEP will be meeting on Monday 12/14/20. Oral exams are being scheduled virtually.</p>  | <p>No motion was made.</p> |
| <p><b>DISCUSSION ITEM:<br/>Leadership Academy Update</b></p>                 | <p>Russ reported that there are currently five leadership fellows for 2021. The academy will be restructured in 2021, maintaining a focus on mentor-based leadership projects while adding in development lessons to encourage the cohort to bond. The 2020 leadership class produced videos of their projects. Hannah Heitz developed an excellent series of podcasts focusing on leadership in Psychology in KPA.</p>  | <p>No motion was made.</p> |
| <p><b>DISCUSSION ITEM:<br/>Update Cultural Competency CE Requirement</b></p> | <p>Form distributed in advance and is attached to agenda. Katsikas discussed updated CE form which contains several revisions including a diversity statement that reflects KPA's commitment to prioritizing diversity and promoting cultural competence.</p>  | <p>No motion was made.</p> |
| <p><b>Discussion Items:<br/>Leadership Retreat Task Force Updates</b></p>    | <p>Leadership Task Force Groups updates were provided.</p> <p><b>Katsikas- Education and Training</b> – This group has worked on developing a mentorship program that pairs graduate students with undergraduate students with a goal of increasing diversity in the field. There will be an informational meeting for potential mentors. They have been working on a strategy to reach out to Ky Colleges who have not traditionally been involved to encourage participation in academic conference.</p> <p><b>Buehner- Public Advocacy</b> –At this group's recommendation, KPA has added aging and geropsychology as an interest section. Buehner has communicated with KPA's advocacy coordinator this groups concern about the importance of talking with legislators more about social determinants of health. Finally, in conjunction with the other workgroups, this group has identified the importance of incorporating diversity and inclusion.</p> <p><b>Pascale Hague –Clinical-</b> He would like to transition the leadership of this group to another board member, as his current board term will be up at the end of 2020.</p> <p><b>Kniffley – Antiracism-</b> Russ (for Kniffley) reported that this group has been instrumental in identifying updates to the CE application. They have focused on working closely with KPA's strategic plan and updating language. Russ</p> | <p>No motion was made</p>  |

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|  | discussed that this group is examining ways to incorporate diversity and inclusion.   |                     |
| <b>DISCUSSION ITEM:<br/>Process for bringing new initiatives/proposals</b> | Katsikas discussed the process for bringing new initiatives and proposals to the board. He encouraged taking board ideas back to group or list serv for development. He indicated that if a member has an idea and is unsure about next steps, they can always bring the idea to the Executive Director or President for initial input.<br>The PIRC has a form on website that members can access in order to initiate a process for KPA to be able to take a stand on public issues in a systemic way. | No motion was made. |
| <b>DISCUSSION ITEM:<br/>Strategic Plan Updates</b>                         | Next year there will be a closer look at the Strategic plan.  | No motion was made. |
| <b>DISCUSSION ITEM:<br/>KPA Board Transition</b>                           | Members who are transitioning out of leadership positions shared their perspectives.  | No motion was made. |
| <b>DPA Report</b>  | Report was distributed in advance. No further discussion.   | No motion was made. |
| <b>CE Report</b>   | Report was distributed in advance. No further discussion.   | No motion was made. |
| <b>Membership Report</b>   | Reports were distributed in advance. No further discussion.   | No motion was made. |
| <b>Board Member and Committee Chair reports</b>                            | Quarterly reports were distributed in advance. No further discussion.   | No motion was made. |
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**Adjournment: Motion was made to adjourn. Meeting adjourned at 4:17pm (EST)**