



Brenda Arellano, M.A.

At - Large Representative

Term Expires: 12/31/2024



I have been at the Behavioral Wellness Clinic (BWC) since 2019. The BWC is a group private practice, home to the Louisville Center for Eating Disorders and the Louisville OCD Clinic, and offers outpatient, intensive outpatient, and partial hospitalization levels of care. I am a bilingual (Spanish and English) Licensed Psychological Associate with an M.S. in Clinical Psychology from the University of Louisville. I specialize in the treatment of pediatric OCD. I also provide evidence-supported treatment for individuals struggling with eating disorders, anxiety, depression, and behavioral difficulties. In addition to my clinical responsibilities, I serve as the head of employee engagement for the BWC. I have been a KPA member since graduate school. I'm a recent graduate of the KPA leadership academy, have given several talks at the KPA convention, am an active member of the KPA Child and Adolescent interest group, participated in KPA psychology day at the capital, and am a new member of the CE committee.

Diversity Statement: Female, Hispanic, Heterosexual, Cisgender, First generation