



Aesha Uqdah, Psy.D.

At-Large Representative

Term Expires: 12/31/2023



Dr. Aesha L. Uqdah serves at the University of Louisville as the Assistant VP for Student Affairs for Student Wellbeing and the Director of the Counseling Center. She completed her undergraduate education at the University of Michigan-Ann Arbor with a B.A in Psychology, and received an M.A. in Clinical and Community Psychology from the University of Illinois at Urbana-Champaign. She obtained a Psy.D. in Clinical Psychology in 2009 from the Chicago School of Professional Psychology, and her clinical interests include multicultural/diversity issues, LGBTQ concerns, anxiety & depression, health psychology, and stress management. She is a native Chicagoan and prior to joining the University of Louisville in 2014, served as a Senior Staff Psychologist and Outreach Coordinator at the University of Kentucky. Dr. Uqdah was elected to serve as the Kentucky Psychological Association's (KPA) member-at-large from 2021-2023. She was also elected to serve as a member of the governing board of the Association of University and College Counseling Center (AUCCCD) from 2020-2023. AUCCCD is the largest organization of campus mental health leaders in the world. At UofL, Dr. Uqdah is the chair of the Student Affairs Diversity Committee and is a member of the University-wide Diversity Council.

Diversity Statement:

Identities: Black woman; cisgender; pronouns: she/her/hers