
Shambra L'annette Mulder, Ph.D.

Brief Bio:

Dr. Shambra Mulder earned her Bachelors' degree in Psychology, Educational Specialist degree in School Psychology and a Doctoral degree (PhD) in Educational Psychology from the University of Kentucky. She is a former Assistant professor within the Masters of Special Education program at Kentucky State University, the only Historically Black College and University (HBCU) in Kentucky. Dr. Mulder holds a Kentucky certification in School Psychology where she spent 8 years working in the public schools advocating for a quality education for students with various disabilities. She also completed an advanced program required for the Director of Special Education certification. She is currently a Licensed Psychologist with her own clinical practice in Lexington called Abundant Living Psychological and Coaching Services for Children and Adolescents, PLLC. She has goals of working with children and adolescent from under-served populations. She is a national certified in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). She is completing the Wayne Institute Post-Graduate Certificate in Advanced Psychotherapy at Bellarmine University. Dr. Mulder currently resides in Lexington, KY with her husband Chad Mulder and two children.

As a Board Member, what do you find the most rewarding - or what are you most hoping to accomplish?:

As the Diversity Representative on the KPA Board, I hope to help develop a consistent/formal manner of which a diversity lens should be applied to all decision-making.

Why did you decide to become involved as a leader within KPA?:

As a newly licensed Psychologist who have spent most of her career focusing on education/public schools, I am excited to network with colleagues, learn from local experts in the field, and bring my "nontraditional" experience and leadership abilities to the Board.

How did you end up in psychology?:

I decided that I wanted to be a psychologist after taking a elective psychology course my junior year of high school. I choose school psychology because of its focused on children and my interest in helping schools better meet their needs. I recently became a licensed psychologist interested in counseling and trauma-focused therapy after figuring out that academia was not fulfilling my need to interact with people on a personal level. So, I knew psychology was my interest and have explored the different ways psychology could be applied in different settings.