

2015

KPA Annual Report



Kentucky Psychological Association
120 Sears Avenue, Suite 214
Louisville KY 40207



From the President's Desk

David Olson, Ph.D.



Greetings Friends and Colleagues,

Contained herein are the yearly reports of the Interest Section Representatives, Regional Representatives, Committee Chairs, Professional Affairs Director, Executive Director, and Officers of the Kentucky Psychological Association. These summaries represent the activities and efforts of the association and reflect the vigorous and robust nature of psychology in Kentucky. The financial foundation of KPA remains solid and we even increased our net assets for 2015! Thanks to the work of our 2015 Convention Chair, Dr. Marianne McClure and Dr. Tanya Stockhammer, CE Program Development Committee Chair, our professional education events have been well received. However, on a more somber note, we have experienced a modest decline in membership.

Allow me to offer a brief description of some of our activities over the course of 2015:

With guidance from Dr. David Hanna and Dr. Art Shechet, we reconvened and proposed a restructuring of the Finance Committee, which was ratified by the membership. The committee will provide additional oversight of our financial activities and periodically assess the fiscal health of the organization. The Committee will also make recommendations to the Board regarding investment strategies.

The Kentucky General Assembly debated a bill regarding the use of school facilities by transgender youth. The Executive Committee judiciously determined that an informational article on transgender issues, developed by the Kentucky Psychology Foundation and Dr. Brigid Kleinman, would be an appropriate method for psychology to educate the public. The continuation of educational columns in major media outlets seems to be a wonderful opportunity for KPA to inform the citizens of the commonwealth about psychologically-relevant issues and increase the visibility of our profession.

Efforts were made to increase the multicultural membership within KPA and representation in positions of leadership. Towards that end, the Board of Directors proposed that a Board position be dedicated to the Diversity Interest Section. This by-laws change was subsequently approved by the membership.

It has been 10 years since the membership completed a survey regarding prescriptive authority. We reconvened the Psychopharmacology Task Force, under the leadership of Dr. Steve Katsikas, and undertook a new study of membership attitudes regarding prescriptive authority. Approximately 15% of the membership responded to the survey;

thus, conclusions must remain tentative. The findings indicated that about 50% of the sample clearly perceived a need for prescriptive privileges for Kentucky psychologists. In addition, approximately 15% of the sample was clearly willing to donate monies or time and effort to such a project. In my view, it is not apparent that the membership is currently prepared to provide the financial support or grassroots political advocacy necessary to successfully obtain such authority.

Following the release of the APA- commissioned Independent Review, detailing the activities of past APA leaders in developing ethics policies that appeared to support the interrogation guidelines of the Department of Defense, the KPA Executive Committee sent a strongly worded letter to APA voicing our concerns regarding the conduct of their leadership. In addition, we carefully monitored the state news media for any adverse publicity surrounding the report and stood ready to defend psychology as necessary.

We have continued to advance our advocacy agenda. Under the leadership of Dr. Georgeann Brown, Advocacy Committee Chair, and Dr. Sheila Schuster, KPA Legislative Agent, our 2015 Legislative Day involved the largest number of psychologists as well as the most meetings between legislators and psychologists to date. We have also formed a Legislative Response Team, composed of a number of KPA Past-Presidents, which can respond rapidly and effectively to psychology-relevant legislative bills as they are debated during the legislative session. Finally, there has been steady progress in the creation of a political action committee. We now have the KPA-PAC, which serves as another venue by which we can advocate for our profession and increase opportunities to make our voices heard by legislators. KPA-PAC is dedicated to supporting candidates for the state offices who are friends of psychology. The PAC will give psychologists the opportunity to build relationships with members of the executive branch and general assembly who will help advance psychology's legislative agenda.

In closing, I want to thank the membership for their steadfast support of our organization and those in positions of leadership – the Board of Directors, Officers, and Committee Chairs - for their efforts on behalf of KPA. I wish to express my gratitude to the KPA Central Office for their hard work during a difficult time of personnel transition. In particular, I want to thank our Executive Director, Dr. Lisa Willner for her sage advice and counsel during my term in office. It has been a privilege and honor to serve as your president.

An Overview from the Executive Director

Lisa Willner, Ph.D.



2015 was a busy and productive year for KPA, with many significant accomplishments, and some challenges as well. As usual, the Board and Central Office organized its functions around KPA's three strategic priorities: Membership, Advocacy, and Leadership Development.

Membership: While membership numbers held mostly steady throughout 2015, we saw at year's end a decrease in membership numbers for the first time in several years, representing a reversal of a slow but steady increase in member numbers each year since 2009. At this time, the reason for the trend reversal is not entirely clear, despite member outreach, non-renewal surveys, and a deep dive into the membership data. The decline coincides with a new webhosting platform which some of our members have described as "cumbersome," so the possibility remains that the decline reflects difficulties with the online renewal process. While it isn't yet clear how to interpret the decline in member numbers, it is a concern.

Meanwhile, use of member services has increased, including registration for CE events and convention, use of ethics and practice consultations, and professional networking and referrals.

Some member program highlights for this year include: two 6-hour workshop offerings in Managing Suicide Risk, designed to meet a new statutory requirement for psychologists and other licensed health providers; a one-day Diversity "mini-Conference;" a KPA CE Roadshow event in the Western region; and 2015's featured presentation on the Treatment of Anxiety Disorders by Anne Marie Albano, Ph.D., ABPP. The 2015 KPA Convention – KPA's best attended to date - was held in Lexington, and included many excellent Kentucky researchers and practitioners along with four outstanding featured presenters: M. David Rudd, Ph.D., ABPP; Mark Epstein, M.D., John Norcross, Ph.D., ABPP, and Daniel Walinsky, Ph.D.

Advocacy: It is perhaps in this Strategic Priority where KPA has seen the largest organizational growth and development. For the past several years, we have been strategically preparing the organization for the upcoming retirement of our iconic professional advocate of legendary proportions, Sheila Schuster, Ph.D. 2015 marked the second year that KPA contracted with lobbying firm McCarthy Strategic Solutions, with Sheila shifting out of a direct lobbying and into a consultative and advisory position. As described by one of our longtime members, Sheila is not only a lobbyist, but also an advocate, strategist, powerful presence, and content expert all rolled into one. Preparing for her retirement has required a multi-pronged and multi-person approach, and I am particularly proud of the work we are doing in this area.

In 2015 the KPA Board, with support of the full membership via survey, voted to establish a Political Action Committee (KPA-PAC) and gathered pledges from 100% of eligible KPA Board members. The Advocacy Committee remained active, hosting robust participation in our third annual KPA Legislative Day in Frankfort, with participation more than double that of 2014. Individual KPA members hosted local meet-ups with their state legislators. KPA member response to Action Alerts has grown. The KPA Annual Leadership Retreat focused on Advocacy as its theme, and featured speakers from McCarthy Strategic Solutions. A “Legislative Response Team” comprised of KPA Past Presidents, as well as the Advocacy Committee Chair, Director of Professional Affairs, and Executive Director, was established to act on the board’s legislative priorities, to be KPA’s direct link to our lobbyists, and to monitor legislation throughout the next year’s General Assembly. And for the first time in 2015, the KPA Board established and adopted Legislative Priorities for 2016 that were KPA specific, in addition to signing on to the Kentucky Mental Health Coalition priorities as we have done historically. KPA’s 2015 Legislative Priorities included increasing funding to maintain Medicaid expansion, improving provider protections under Medicaid managed care, and working for psychology to be “at the table” whenever issues of health and health programs are discussed.

As for the 2015 Legislative General Assembly itself, KPA led the charge for the past two years and succeeded this year in getting long-needed updates to Duty to Warn legislation, so that providers no longer have ethical and legal duties standing at odds with one another.

Leadership Development: Since 2010, we have provided a formal orientation and more recently we have added the opportunity for mentoring for all newly elected board members. As a volunteer-governed and largely volunteer-run organization, KPA offers many opportunities for member leadership and to acquire and practice new leadership skills within the organization.

Again in 2015, KPA’s delegation to the APA/APAPO State Leadership Conference was among the country’s largest. In 2015, KPA fully funded the participation of Early Career Psychologist delegate Eric Russ, Ph.D., and shared with APA the funding for Diversity delegate, Monnica Williams, Ph.D. 2015 also saw a small but important change to KPA’s governance structure, with the full membership approving a bylaws change that added a permanent Diversity Interest Section Representative to the KPA Board of Directors.

This year as always, I’m grateful for the opportunity to work closely with KPA’s outstanding board members and committee chairs – our volunteers’ commitment to the profession and our professional association make working for KPA a rewarding enterprise.

KPA Central Office Staff:

In 2015, KPA saw more staff changes than we have in many years, after a period of long stability. Longtime head of KPA Operations, Leslie Proasi, left to pursue full-time involvement in her family business along with her husband, and Administrative Assistant Alexandra Kempf pursued a career opportunity that took her out of state at the end of this year. While these changes created some disruption and stress, the addition of Operations Manager Joy Kaplan, MBA, to the KPA team was a major highlight of 2015, and the organization has benefitted from her expertise and conscientiousness. We've also been grateful for the ongoing part time support of KPA's former Administrative Assistant Sarah Burress, who has nicely rounded out our KPA Central Office family.

President-Elect Report



Amanda Merchant, Ph.D.

As President-elect, duties include to serve as Chair of the Nominations and Elections Committee, oversee the annual audit of the Association, and participate in Executive committee and Board meetings. Two contributions to the KPA newsletter are also encouraged.

2015 Accomplishments: Early in the year, I headed the audit committee (myself, Liz Cash, Ph.D., and Jennifer Day, Psy.D.) to review the financial record of receipts and expenditures associated with the administration of the Association. The subsequent report was presented to the Board for review. I contributed two articles for the KPA newsletter, one on National Currents, and one co-written with Sheila Schuster, Ph.D. on changes in healthcare through the ACA. I attended the APA State Leadership Conference which included a trip to Capitol Hill to meet with our US representatives to support APA initiatives. I was a member of the annual convention committee headed by Marianne McClure, Ph.D. I organized a board nomination committee (myself, Drs. Pam Cartor, David Hanna, David Olson, and Allison From-Tapp) to develop a ballot for open Board positions. I participated in Legislative day in Frankfort and attended other KPA sponsored CE events. I participated in phone meetings regarding the development of the PAC committee, development of goals in working with McCarthy Strategic Solutions, and KPA responses to the APA Hoffman report. I attended Executive committee and Board meetings and was available for phone meetings as issues arose.

2016 Goals: I was honored to be elected to be more involved with the organization and the year's experiences proved to be highly rewarding. I'm looking forward to the upcoming year.

Treasurer Report



David Hanna, Ph.D.

KPA had revenues of \$348,118.10 for FY 2015. Approximately half of this revenue came from membership dues and the other half from continuing education workshops and annual convention. Maintaining a strong and growing membership is essential to being able to continue to expand and support services to psychologists in Kentucky. This year, a slight decline in dues revenue was offset by increased convention registrations. Marianne McClure and her convention committee deserve recognition for presenting an outstanding convention.

Expenses totaled \$335,065.52. As budgeted, approximately half of these costs are related to staff salary and benefits. Convention site fees, operating expenses (e.g. lease, webhosting, utilities, etc.), and professional contracts (e.g. lobbying, accounting services) account for the bulk of the remainder expenses. I am especially grateful for the work of our new Director of Operations, Joy Kaplan, whose attention to detail and re-negotiation of service contracts within the office (e.g. copying, etc.) resulted in significant reductions in expenses. Joy also re-priced CE workshop and convention registration fees. By increasing fees to non-members, Joy was directly responsible for increased revenue and enhanced the attractiveness of membership.

KPA ended with the year with \$13,052.58 of revenue in excess of expenses. We ended the year with \$79,289.62 in our money market reserve account and a total of \$146,339.13 cash on hand (including the money market). These funds insure that we have available cash to manage the early months of the coming year when revenue is typically low and sufficient resources to cover approximately five months of operating cost. Non-profit organizations such as KPA should generally maintain a reserve of three to six months.

KPA remains in a solid financial position, but I would like to note two significant challenges that will need attention in the next year. Several years ago, KPA created an emeritus status of membership in which members who reach the age of 65 and have 15 years of active membership may transition to paying only a small administrative fee to maintain their membership. As currently structured, this type of membership is not

financially sustainable. In the coming year, some proposal to address this situation should be considered by the Board and the membership. Second, the growth of membership needs to be a priority for every KPA member. Membership dues are essential to the professional support, advocacy, consultation, etc. that KPA provides. I hope all members will join me in working to broaden the number of psychologists who join us in promoting the science and practice of psychology.

Director of Professional Affairs Report



Laurie Grimes, Ph.D.

The practice of psychology has undergone significant changes in the last few years, both in terms of the broad health care climate and specific practice issues. In my role as Director of Professional Affairs (DPA), I help the membership stay abreast of and prepared for these changes and other important practice issues. My time is devoted to advocating for the practice of psychology in Kentucky, providing support, consultation and resources to members, and staying up-to-date on state and national issues that impact the business and practice of psychology. Specific activities, products, and projects of 2015, as well as plans and goals for 2016, are provided below.

2015 Accomplishments: The DPA job description has been a work in progress since I assumed the role in 2013. This year the DPA was changed from a contract position to a KPA employee that reports directly to the KPA Board of Directors. The revisions to the job description are now being reviewed and adjusted with representatives from the Executive Committee so that this part-time position is utilized most efficiently and effectively for the needs of the organization. Throughout the year, support for members was provided through responses to individual inquiries. To assist with these inquiries, the Health Insurance Work Group was established as a peer advisory group to consult on issues regarding third party reimbursement challenges. Education efforts were distributed periodically through email blasts, newsletters, presentations, and website postings. The transition to ICD-10 was a major event for psychologists and was the topic of a few pieces as the October 1 deadline approached (i.e., “ICD10 Blazing Our Way,” “Last Minute ICD10”). Other email blasts and newsletter articles included:

- Sliding Scale and Health Insurance
- Psychotropic Medications in Kids, Advocacy, and Integrated Care
- Provider Application to Medicaid

- Wellcare Summit Announcement
- Suicide Prevention App
- Mental Health Needs on Campus
- EHR Templates
- PQRS Basics
- PQRS End-of-Year Reviews
- Health Insurance Primer
- Psychologists in Disasters
- New Regulations in 2016

Advocacy efforts were grounded in my participation on the Advocacy Committee, Legislative Quick Response Team, PAC exploration committee, and ad hoc groups as well as attendance at advocacy events. Ad-hoc groups convened to address sensitive, urgent, or special circumstances, involved meetings (in person, by phone, via email), and drafting and editing documents for the KPA response to the Hoffman report, occupational therapists as mental health providers, ABA licensure jurisdiction, psychological testing, and prescription authority. I also served on the Kentucky Taskforce on Wellbeing at the invitation of Baptist Hospital. In addition to the KPA Board meetings, Executive Board meetings, and annual retreat, I also monitored the APA DPA listserv almost daily, attended the State Leadership conference for 5 days, and co-moderated the day-long DPA meeting.

2016 Goals: Psychological testing will be an active topic for advocacy this year. I am gearing up for the State Leadership Conference where psychological testing, prescription privileges, and CPT codes and reimbursement will be discussed at the DPA meeting, and I will serve on a panel on psychological testing at a Sunday afternoon session at the conference. The leadership change in Frankfort and the ramifications for ACA implementation, Medicaid coverage, and service coverage and provision will be closely monitored.

KPA Board Representative Reports

Central Regional Representative



John Urey, Ph.D.

I see my purpose as a region representative to keep the members in the Central region informed about issues I become aware of that may have relevance to them, and make

efforts to maintain communication between myself and the members in this region to enhance my ability to provide appropriate representation.

2015 Accomplishments: One of the things I have been taken with during my time on the Board has been involvement in advocacy efforts with elected officials on issues that pertain to our profession. I participated in the Legislative Advocacy Day in February of 2015 for the first time and found it very rewarding. I had previously met with the representative in my area, but I met with the state senator for my district for the first time. Aside from participation in Board meetings and activities, and maintaining lines of communication with members in the Central Region, another responsibility as representative is to host social events for the purpose of providing a forum for current members to interact, and to attract professionals in the region who have not taken the step to become a KPA member. This year I combined this responsibility with my developing interest in legislative advocacy. On August 19, a social event was held at Hardin County Industries of Communicare. This meeting was attended by Sen. Dennis Parrett and Rep. Jim DuPlessis. Although the turnout of members was light, the discussion was lively and informative and I think the members present were able to establish a dialogue with the elected officials in attendance. Early on, I was struck by how large the central region of KPA is. In 2015, I finally made good on a commitment to hold a social event "further out" in the region. On October 12, a social event was held on the campus of Campbellsville University. This meeting was attended by the legislative representatives for that area: Sen. Max Wise, and Rep. John Carney. Unfortunately, the membership turnout was again quite low, but the discussion was again lively and informative. I would be negligent if I did not extend thanks and recognition to Dr. Eric Bruns, Professor of Psychology at Campbellsville University, for his efforts to make this event happen.

2016 Goals: Each year, my ongoing commitment has been to maintain lines of communication between myself and members in the central region. I will continue to represent, to the best of my ability, the interests of the central region in my participation in Board activities.

Greater Jefferson Region Representative



Katie McBride, Ph.D.

2015 completed the 2nd of my two-year term as Greater Jefferson County Regional Representative. This position's responsibility is to represent the interests of regional constituents and to sustain members' sense of connection to KPA as an organization.

2015 Accomplishments:

- Welcoming new members and providing them with ways to connect with KPA.
- Regular friendly communication and encouragement to connect with KPA via email listserv blasts: regarding upcoming trainings, deadlines (e.g., voting), points of interest, and participation in events (e.g., KPA Advocacy Day in Frankfort)
- I served within the Membership Committee as Chairperson.

Tasks included:

- Following up with non-renewing members by phone
- Worked with Executive Director (ED) to prepare agendas and hold monthly phone conferences with Membership Committee
- Identify ways to sustain membership and increase perceived and real value to KPA membership
- Provide support to Membership Committee members, especially regional representatives, in efforts to stay connected with constituents
- Work with KPA ED and committee to define realistic and relevant goals for membership numbers and trends

Looking forward to my successor, I recommend that 2016 Goals include:

- Continue to work on better way of tracking trends in membership numbers
- Identify most valuable aspects of KPA membership for constituents in different regions, within different professions
- Solidify structure around follow-up with non-renewals. For regions with larger numbers (e.g., GJC, Fayette), recruit “assistants” from within the regional membership to delegate parts of the follow-up phone calls to quarterly non-renewal list.

Northern Region Representative

Lori Bradbury-Robinson, Psy.D.

My role as Northern Region Representative is to communicate information to constituents. I also served as a member of the Membership Committee, reviewing membership trends of KPA. I welcome new regional members to KPA.

2015 Accomplishments: I was new to the position this year, and have been learning more about KPA board duties.

2016 Goals: My goal is to increase the amount of communication to the Northern Region membership, continue to welcome new members, and I will be chairing the Membership Committee this year.

Interest Section Representative Reports

Masters Representative



Joanna Conley, M.S.

Represent Master's level practitioners on the KPA Board.

2015 Accomplishments:

- Increase communication among Master level practitioners on the listserv and during KPA Convention.
- Continue to ensure issues that impact Master level practitioners are presented and addressed in a timely manner.
- Increase Master level memberships in KPA by 10%.

2016 Goals: New incoming Master's Representative to set new goals and plans.

Child/Adolescent Interest Section Representative



Jessica Beal, Psy.D.

Engaging via email with new C&A Interest Group members with higher focus on new KPA members. Provide group members with related KPA information such as reminders about pertinent CE opportunities, advocacy efforts, etc.

2015 Goals and/or Accomplishments: As Child/Adolescent Representative, I emailed new members and provided feedback to student members regarding careers in child/adolescent mental health. I also worked with KPA/KPF to put together a task force to address requests for submissions and editing of a magazine geared to elementary students.

2016 Goals: Continue outreach to new members. Work with KPA on outreach goals to grow membership.

Education and Training Representative



Steve Katsikas, Ph.D.

As Education and Training Representative, my role is to be the voice of psychologists in the Commonwealth involved in the training of psychologists and psychological practitioners. Part of that role is to disseminate information about training opportunities, changes in accreditation standards, and trends in the area of education and preparing students for careers in the field. Additionally, the E&T Representative chairs the Planning Committee for the Spring Academic Conference (alternative with the Academic Rep), and is responsible for coordinating this important annual conference. In addition to the general roles of E&T representative and Conference Chair, I also chaired the Psychopharmacology Task Force examining the attitudes of members regarding prescriptive authority for psychologists.

2015 Accomplishments: The Psychopharmacology Task Force developed and launched a survey of members regarding prescriptive authority for psychologists and reported the findings back to the executive committee after analyzing over 200 responses. The SAC Committee met several times to plan and finalize the activities for the 2016 SAC in Georgetown. This year's conference theme will be "Applying Psychology to a Diverse World" and will feature a workshop on research perspectives on studying diverse and underserved populations as well as a number of breakout sessions for participants.

2016 Goals: The goals for the E&T Representative shift to working with the SAC committee to develop and deliver a high quality, relevant conference for students and academic psychologists in the Commonwealth. An additional goal is to disseminate to the doctoral training programs in the Commonwealth the new Standards of Accreditation from APA, which will guide all program accreditation starting in 2017.

Health Psychology Representative



Erica Adams, Ph.D.

The focus of the Health Psychology Section representative is to provide a forum for those interested in health psychology to engage in discussion and to have their interests and concerns communicated to the Board.

2015 Accomplishments: I participated in board meetings and attended the annual retreat. I also sent welcome emails to the interest section's new members and made attempts to generate discussion and elicit CE ideas via the listserv. I organized and presented a health psychology related workshop at the Annual Convention.

2016 Goals: I would like to continue to address health psychologists' interests and concerns and continue to elicit ideas for CE events and help organize workshops related to health psychology. I will continue to attend Board meetings and the annual retreat.

APA Council Representative



David T. Susman, Ph.D.

As KPA's representative, I attend the APA Council of Representatives meetings twice a year to further the interests of Kentucky psychologists.

2015 Accomplishments: This was a very difficult year for the American Psychological Association. The main focus and work of the APA Council this year has been in response to the July 2015 announcement of the results of a comprehensive eight-month Independent Review of the Association. The "Hoffman Report" found there were organizational failures and undisclosed collusion between some APA officials and Department of Defense psychologists that resulted in less restrictive ethical guidance for military psychologists in national security settings related to the Bush Administration's war on terror. In response, at the August 2015 APA Council meeting in Toronto, the Council voted to approve a resolution which finally and conclusively

prohibits psychologists from participation in national security interrogations. The vote was 157 in favor, 1 opposed (the Division 19 Military Psychology representative), 6 abstentions, and 1 recusal. In related actions, the Council moved to establish a blue ribbon panel to evaluate and recommend changes to APA Ethics processes, including a review of ethics adjudication procedures. Also, Council moved to establish stricter conflict of interest controls and oversight for all persons serving in APA governance roles. Several additional Council motions are in development to address related organizational concerns and issues.

2016 Goals: I will continue to represent the interests of KPA and Kentucky psychologists on the APA Council of Representatives.

KPA Graduate Student (KPAGS) Representative



Miriam Selph, M.A.

My previous role for both the KPAGS Representative and APAGS Liaison (both positions have been reassigned for 2016) was to provide a student voice on the KPA Board of Directors. In addition, it was to find ways to encourage KPAGS membership and field student questions regarding what is available to them through KPA membership. Finally, it was to help organize and occasionally speak at KPA Conventions, especially the Academic Convention.

2015 Accomplishments: I assumed my position in approximately November 2014 and terminated the position in January 2016. However, my goals for the year 2015 were to link students effectively to available opportunities, encourage KPA membership within my school, provide a student voice on the board regarding debated issues, and represent KPAGS during conferences. During my time, I welcomed all new KPAGS members, answer any questions they had, encourage several of my student colleagues to join KPAGS, provide a student voice on the Board with regard to students' ability to fund the newly instated Political Action Committee (PAC), and finally, I was able to speak at the KPA Academic Convention keynote luncheon, as well as help set up equipment, judge posters, and assist with the Psych Bowl tournament.

2016 Goals: As I have not been able to attend the latest board meetings since July 2015, I am unsure as to the board's most recent goals. However, during my active time as KPAGS representative, the biggest goal and initiative was the installation of a PAC.

Board Liaisons

KY Mental Health Coalition

Deborah Coleman, Psy.D.

As the Kentucky Mental Health Coalition (KMHC) Liaison for the Kentucky Psychological Association, I attend KMHC quarterly meetings and make reports to facilitate communication between the organizations. Likewise, the KMHC meetings are an opportunity to discuss any pertinent information discussed at the Kentucky Psychological Association meetings.

2015 Accomplishments: I attended and participated in the above-mentioned meetings and assisted in the facilitation of communication between organizations as needed.

2016 Goals: Continue the above-mentioned objectives.

Committee Chairs

CE- Review Committee Chair

Matt Gilbert, Ph.D.

The Continuing Education Review Committee evaluates all KPA sponsored and co-sponsored psychologist continuing education programming for adherence to standards formulated by the American Psychological Association, the Kentucky Psychological Association, and the Kentucky Board of Examiners of Psychology.

2015 Accomplishments: The committee reviewed 39 continuing education proposals since I took over as chair in mid-November and began tracking data. We approved 34 proposals without any revision and an additional four after recommended revisions to goals/objectives were made. One proposal was not resubmitted after it was returned with recommended changes to the proposal and was therefore not approved for CE credit.

2016 Goals: Goals for the upcoming year include: regular representation of the committee at KPA board meetings, re-initiation of at least one face-to-face committee meeting yearly at the KPA Annual Convention (regular committee business is conducted via email) and improved data tracking and reporting of committee activities.

Communications Committee Chair



Sarah Shelton, Ph.D., M.P.H.

The purpose of the communications committee of KPA is to distribute current and accurate information to KPA members, and to serve as a consultative resource for KPA staff and divisions. The committee is responsible for creating and editing the KPA e-Newsletter and The Kentucky Psychologist. The committee serves as a consultative resource to KPA staff and divisions regarding website content and formatting and appropriate use of the listservs.

2015 Accomplishments: The Communications Committee monitored, fielded questions, and issued responses about appropriate Listserv usage; evaluated and responded to requests by third parties for inclusion on KPA's website or Facebook page; created and disseminated the electronic and print newsletter (Sean Reilley, Editor); monitored and made suggestions for edits to the website; conducted a website evaluation and implemented this as a bi-annual process going forward, contributed material either solicited or submitted for the newsletter. The Committee met telephonically as needed, due to the ebb and flow of Communications Committee tasks not necessarily corresponding with set quarterly meetings.

2016 Goals: The Communications Committee will continue to monitor, field questions, and respond to issues with KPA Listserv usage; evaluate and respond to requests by third parties for inclusion on KPA's website or Facebook page; create and disseminate the electronic and print newsletter; monitor and make suggestions for website edits, and conduct two formal evaluations of the website next year; solicit/submit material for the newsletter, meet telephonically as needed or quarterly if tasks present less often than quarterly. Generally, our goal is to continue to facilitate internal and external KPA communications with a focus on transparency.

2015 Convention Committee Chair



Marianne McClure, Ph.D.

KPA's 2015 Annual Convention, "Creating Our Future in a Transforming Landscape," was incredibly successful. We were fortunate to have four outstanding featured presenters, including Daniel Walinsky, Ph.D., M David Rudd, Ph.D., ABPP, John Norcross, Ph.D., ABPP, and Mark Epstein, M.D. We were also pleased to have a wonderful selection of volunteer presenters. There are so many individuals who helped to make the convention a success. Thanks to the hard-working creative convention committee, all of the knowledgeable and interesting presenters, the sponsors, all of the volunteers (student and community), the KPA executive board, and the wonderful staff of KPA. There were many opportunities to network and connect with old and new friends. The 2016 convention will return to Louisville November 3rd - 5th.

2015 Accomplishments: 2015 KPA Annual Awards: The 2015 KPA Annual Awards luncheon was held on Saturday November 7th. Congratulations to the award recipients!

- Distinguished Public Service: Senator Julie Raque Adams
- Distinguished Public Service: Senator Morgan McGarvey
- Schuster Advocacy Award: Joseph Edwards, Psy.D. D.
- KPF Psychologically Healthy Workplace Award Honorable Mention: Republic Bank
- Multicultural Professional Development Awards, Student Category: Adriana Pena; Roberto Abreu, M.S., Ed.S., NCC
- Jack Runyon Community Service: Cay Shawler, M.S.
- Psychologist of the Year: Felicia Smith, Ph.D.
- Distinguished Career in Psychology: Michael Nichols, Ph.D.
- 2015 KPA Hall of Fame Inductees: Emanuel Willett, Ph.D., MBA; Robert Sivley, Ph.D., MBA
- Reception Honoring New Psychology Licensees: The reception to honor the Commonwealth's new additions to our profession took place on Friday November 6th.

2016 Goals: The 2016 Convention will return to Louisville November 3rd - 5th.

Early Career Psychologists Committee Chair



Elizabeth Cash, Ph.D.

The committee's role is to evaluate, monitor, and advocate the needs of early career psychologists in the state of Kentucky. We seek to be apprised of practices and policies that will affect the visibility and livelihood of early career psychologists in the state as well as to support one another in this unique point of our careers.

2015 Goals and/or Accomplishments: We have four on-going goals that we routinely discuss:

- 1) Continue to develop and refine the process of having an effective Mentoring Program. We have developed a mechanism to connect early career psychologists with more mid-level and senior professionals, to mentor and guide questions and specific needs for a mutually agreed upon time frame.
- 2) We seek to have a strong web-presence on the KPA website, updating the resources and materials to reflect the most current trends and needs of ECPs around the state.
- 3) Have at least one social event per year, where ECPs can connect with one another.
- 4) Maintain active consultation groups and work on growing this initiative.

2016 Goals:

- 1) Continue to develop and refine the process of having an effective Mentoring Program, particularly finding ways to make the process of mentor matches more efficient and effective.
- 2) We will continue to work on developing materials and anticipating needs with timely resources on the KPA website.
- 3) We plan to have at least one social event during convention, where ECP's can connect with one another outside of the formal programming.
- 4) We will advertise and continue to participate in consultation groups.

Ethics Committee Chair



Pat Burke, Ph.D.

Role: To provide educational workshops, presentations, and articles regarding the Code of Ethics and decision making in ethical dilemmas. To provide presentations regarding wellness and preventive strategies for psychologists in caring for themselves as they care for others. To be available for consultation via the KPA website regarding ethical dilemmas. To contribute to newsletters with articles with "real life" examples of ethical dilemmas and educational articles of other related topics. To provide educational resources on the "Wellness Resource" page of the KPA website. To also provide presentations regarding wellness and "slippery slopes" due to the stress-distress continuum. To develop a Kentucky Colleague Assistance Program (K-CAP) to offer psychological services to all Kentucky psychologists via a provider panel.

2015 Accomplishments: 2015 accomplishments include ongoing consultations and education including an ethics presentation at the annual KPA conference. Progress made toward the development of the K-CAP has been significant this year, including approval by the Executive Committee of a proposal and successful presentation to the KPA Board. Consultation with the APA committee (ACCA) providing assistance with the establishment of state Colleague Assistance Programs was also initiated. A further refined proposal will be presented for a first reading by the end of the year. Consultation with many state ethics committees around the country was initiated to gauge what other services we may consider providing.

2016 Goals: Continued refinement and successful readings of the proposal for the K-CAP to the KPA Board. Continued development of the K-CAP, hopefully with informational presentations and beginning to "sign up" interested providers. On-going goal of consultations and presentations on ethical topics as asked by KPA. Continue to contribute to publications and add to the Wellness Resource page.

2015 Legislative Day



2015 KPF Spring Academic Conference



2015 Convention





2015 APAPO State Leadership Conference: Standing Up for Psychology on Capitol Hill



