

KPA Annual Report  
November 2008



Kentucky Psychological Association

## Letter from the President

Robin L. Sublett, PhD

Welcome to the 2008 Convention! I hope you find the Annual Report of the Board to be a useful and informative guide to the many activities and accomplishments of KPA. I want to thank all of the individuals who have shared their time, money, thoughts, and energy in support of KPA. It is because of members like you that KPA is a vibrant organization with many achievements this past year.



As most of you know by now, KPA will be going through some major changes over the next two years. Our beloved, talented Executive Director, Dr. Nancy Gordon Moore, who has been pursuing an entrepreneurial MBA, will be leaving us some time in 2009 to pursue new adventures. We will miss her but she will be leaving the central office in probably the best shape it has ever been, in part also due to our Director of Operations, Leslie Proasi.

Change can be disconcerting, but it can also be an opportunity for revitalization and growth. With this goal in mind, the Board has established a transition committee composed of three past presidents of KPA, a past treasurer, the KPAGS representative, Nancy, and myself. We endeavored to encompass both geographical and generational ranges in the composition of the committee. Over the next months this group will be researching how best to make this a positive experience for KPA.

The Transition Committee will also be conducting a self-study of our operations to determine where we are and where we want to be. As previously stated, this is an opportunity to look at our strategic plan and our operations with the goal of optimization.

Throughout this process the Transition Committee plans to keep the membership informed and values your input. There will be regular updates in the quarterly newsletter as well as more frequent updates in the KPA blog. Feel free to respond with your questions/comments. Our hope is for this transition to be a good ending and a good beginning.

In the annual report, you will see an account of the many ways KPA is working to serve the membership and, hopefully, you will see how it is specifically serving you. Each KPA member is strongly valued, and it is the diversity of our membership that helps to make us one of the most respected associations in the country. In reading this report, I hope you can feel proud of the accomplishments made but, also, be mindful of the many ways KPA can continue to grow and better promote psychology both as a science and as a profession.

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## Executive Director's Report

Nancy Gordon Moore, PhD

This report caps a year of celebrations (KPA's 75<sup>th</sup> anniversary events, passage of federal parity, largest convention attendance on record, first community-wide conference) mixed with a touch of sadness as I experience a series of "lasts" (last Board retreat, last Convention, last Annual Report) in my role as Executive Director of this wonderful organization. Having been actively engaged with KPA for more than two decades, and an employee for more than eight years, it seems strange to think about not being involved in the same way. Nevertheless, I believe that KPA will continue to grow and flourish under new leadership. The Board has been working on transition planning for some time and plans to post the position within the psychological community first. I encourage those of you who have a passion and vision for the future of psychology to consider applying, because we need your talents, and the job carries many intangible rewards. Through my work as your Executive Director, I have learned so much and grown more than I could ever have imagined. I want to take this opportunity to thank all of you - the generous and caring professionals who make up the Boards, Committees and Membership of KPA, as well as the incredibly dedicated staff - that I have been privileged to work with. Even as I look forward to new challenges and opportunities, I know I will miss much about the job and the people who make it so special. I will always think of KPA as my home.

As I review the activities that took place over the past year, I am amazed yet again at how much has been accomplished. I want to highlight just a few of those accomplishments in this report, delineated by the organization's five "Bold Goals."

**Membership:** KPA's membership continues to grow, and we are now considered a "large" state by APA, along with Florida, Massachusetts, Illinois and Texas! Numbers of full members show steady growth, with noteworthy gains in both Masters and Doctoral members, due in large part to new recruitment efforts spearheaded by the KPA Ambassadors and members of the Board. We continue to see double digit growth in student membership each year, which bodes well for the future of the organization. Last year's Annual Convention attendance was a record-breaker, and for the second year in a row, attendance at the Spring Academic Conference was at phenomenal levels. With the addition of new listservs to connect our members by interest area and by region, KPA has worked to enhance engagement with and among its many constituencies.

**Infrastructure:** Central Office has focused on improving our internal processes and organizational structure, with gains made possible by the tremendous talents of our Director of Operations, Ms. Leslie Proasi. She has significantly streamlined operations so that we are able to do more with minimal staff. The budget process has been informed with more detailed analysis and reports. Board activities have also improved with clearer structure for reporting and committee functions. A revised Board manual was written and the website is undergoing a reorganization and face lift. Finally, we invested in improved technology to provide for more efficient and secure network operations.

**Community Outreach:** Wednesday's Work, Family & Community Conference, the brainchild of Convention Chair Dr. Catherine Aponte, was a new milestone in KPA's engagement with the community and brought psychology into contact with influential members of the business community in a new way. The Psychologically Healthy Workplace Award allowed KPA to recognize best practices by a number of businesses across the state. The Heads Up project continues to bear fruit. The Heads and their health messages have been on display at a variety of venues across the state, travelling to Hazard, Cumberland College and Eastern Kentucky University, in addition to several permanent displays at public health clinics across the city of Louisville, at Eastern State Hospital and at the University of Kentucky, the University of Louisville, Spalding University and Bellarmine University. The "Heads Up for Kids" project is ongoing and brings psychological information to children across the commonwealth. KPA has entered into a collaborative arrangement with the Kentucky Association of Psychology in the Schools to broaden the project's reach. Other collaborative efforts have seen the development of positive relationships with the Kentucky Medical Psychiatric Association and the Kentucky Association of Marriage and Family Therapists. KPA Members have appeared on numerous radio shows, including a monthly series on Dr. Stan Frager's "Let's Talk" radio show. Finally, my monthly column in *Medical News* ([www.medicalnews.md](http://www.medicalnews.md)) continues to provide a venue to reach physicians and leaders in the health care industry with timely information about psychology's expertise, covering topics such as: depression and stress; neurobiological changes resulting from psychotherapy; PTSD in returning veterans; online consumer resources on mental health; pediatric psychology; and stress, health and the economy.

**Advocacy:** KPA Members were instrumental in persuading Kentucky's congressional leaders to support the federal parity bill, which finally passed after a decade of struggle. KPA members went to Frankfort during the 2008 legislative session and had the opportunity to learn about advocacy and watch their legislators in action. Through tireless efforts of KPA's Director of Professional Affairs and lobbyist, Dr. Sheila Schuster, this past legislative cycle finally saw the successful passage of an anti-bullying measure after four years of effort, and a measure to enhance protection of minors from sexual abuse.. Despite intense lobbying, funding of mental health services was a victim of the state's budget woes, which has created new hardships for the most vulnerable populations. KPA's own bill aimed at modernizing the psychology licensing law failed to make it to the House floor for a vote due to opposition from other mental health providers groups over a misinterpretation of the language added to strengthen psychological testing.

**National Impact:** An increasing number of KPA members are applying for national boards, committees and task forces, and I encourage more of you to consider greater involvement in the groups that set policy for the profession. Kentucky continues to enjoy a very positive reputation at the national level. I received excellent news two weeks ago that one of the largest APA practice divisions is intent on doing "Heads Up America" as a travelling national exhibit! I am not at liberty to say more at this juncture, but watch for additional news on this exciting development over the next months.

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## **Treasurer's Report**

Carol Lowery, PhD

KPA ended the 2007 fiscal year in relatively good shape but going forward, the organization faces new challenges arising from uncertain economic times. KPA's annual revenues through the end of the 2007 fiscal year showed modest growth based on increased membership, continuing education offerings, sales of KPA products and services (such as the CE Registry, Legal Handbook and the EPPP Preparation course), and contractual arrangements providing services to affiliated organizations, such as the KBEP election and the Advocacy Action Network. Staff have focused on drawing new advertising dollars for both the web and print publications. In addition, external funding from grants and sponsorships have helped to boost overall income.

The staff has made determined efforts to control operational costs, yet overall expenses continue to rise. This is due to the general trend of increased costs from suppliers, the addition this year of a retirement plan for employees and salary increases related to performance reviews. As a result, the association is dependent on continued cash flow from dues, continuing education and sales of products and services to meet ongoing expenses. Few of the association's expenses are discretionary, and the operation is already fairly lean, but staff have endeavored to pare costs whenever possible. Further, the association's reserves have decreased due to the current financial difficulties in the market, and now stand at about one month's worth of expenses. However, even in lean times, KPA continues to make a regular monthly contribution to its investment account, taking advantage of the currently reduced prices in the market.

Increased emphasis has been placed on recruitment and retention of members which represents the single largest line item in the annual budget, and there is plenty of room for possible growth, given that more than half of psychologists in Kentucky are not members of the association. (It should be noted that KPA ranks in the top quartile of states in terms of percentage of eligible members.) However, with the likelihood that the US is heading into a recession, it will take more determined efforts to recruit not only new members but also retain current ones. KPA must continue to demonstrate its value to its members through superior member services, excellent educational offerings, centralized professional resources, advocacy efforts and providing a welcoming and interactive environment for psychologists across the state to call their professional "home."

<b>KPA Income Statement</b>	
for the period ending December 31, 2007	
<b>Income</b>	
Carry over from Prior Year	\$10,000
Continuing Education	37,605
Convention	6,040
Dues	109,485
KPA Products	24,934
KPAF Admin Reimbursement	45,000
Miscellaneous Income	1,035
Printing	3,343
Service Contracts	15,509
Web Income	3,913
<b>Total Income</b>	<b>\$256,865</b>
<b>Expense</b>	
Committees/Board of Directors	\$6,250
Continuing Education Expense	13,444
Merchant Account Fees	4,643
Operating Expenses	40,663
Personnel	164,188
Printing and Reproduction	11,050
Product Development	5,426
Professional Fees	2,155
Technology	3,178
Travel	4,333
Other Expenses	2,297
<b>Total Expense</b>	<b>\$257,628</b>
<b>Net Income</b>	<b>\$-763</b>

<b>KPA Balance Sheet</b>	
for the period ending December 31, 2007	
<b>Current Assets</b>	
Checking/Savings	
SYB - KPA Money Market	\$7,478
SYB - KPA Checking	3,873
5th/3rd Checking	-340.82
Petty Cash Account	43
Total Checking/Savings	11,054
Other Current Assets	
SYB - Investment Acct	\$27,817
Total Other Current Assets	27,817
Total Current Assets	38,871
Fixed Assets	
Leasehold Improvements	\$8,400
Office Equipment	1,566
Accumulated Depreciation	-774
Total Fixed Assets	9,192
<b>Total Assets</b>	<b>\$48,062</b>
<b>Liabilities &amp; Equity</b>	
Liabilities	
Current Liabilities	
Payroll Liabilities	\$-348
Total Current Liabilities	-348
Equity	
Investment Gain or Loss	\$12,596
Opening Bal Equity	23,583
Retained Earnings	49,582
Net Income	-37,352
Total Equity	48,410
<b>Total Liabilities &amp; Equity</b>	<b>\$48,062</b>

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## Report from the Director of Professional Affairs

Sheila Schuster, PhD

As the DPA and lobbyist for KPA, it is my job to be a liaison for the membership with the policy-makers in Frankfort, with all payers and with the general public in order to enhance the reputation of psychology and to protect the practice of psychology.

2007-2008 Goals and Accomplishments: Psychology was well-represented in Frankfort, as KPA worked in coalitions with other groups to advocate for increased funding for public-sector mental health and for higher education. Social policy and health care issues were on the agenda as well.

2009 Goals: Continue the representation of KPA's members in public policy and advocacy efforts, increasing the participation of the members in these activities. Work will be focused primarily on students and ECPs to develop the necessary advocacy forces for future generations.

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## KPA Internal Audit Report

Robin Sublett, PhD

In accordance with the Kentucky Psychological Association (KPA) bylaws, an annual financial audit of KPA and the Kentucky Psychological Association Foundation (KPAF) was completed on February 28, 2008. Because KPA had changed its fiscal year from a July 1 start to January 1, the year was reviewed in two half-year audits to catch up. The Audit Committee included Joe Edwards, PsyD, Sam Stodghill, PsyD, and Robin Sublett, PhD. Nancy Gordon Moore, PhD, Executive Director of KPA and KPAF, and Leslie Proasi, KPA Director of Operations, provided written and verbal instructions regarding the audit process and pertinent financial records.

### Audit Procedures:

- Audited the months of February, June, and September 2007 from the KPA checking account (\*83)
- Reviewed invoices, receipts, bank records and reconciled statements for the following accounts:  
KPA money market, KPA mutual fund account, KPAF money market account
- In addition, the following financial records were reviewed:  
Monthly deposit statements and payroll expenses  
Transfers of funds between KPA to KPAF  
Merchant account (credit card) statements  
Income from affinity programs  
Annual KPA and KPAF year-end financial reports

### Findings – Audit for January 1 – June 30, 2007:

- The financial records for KPA and KPAF were clearly marked and all receipts were in chronological order.
- All bank statements and financial receipts for KPA were correct upon review.
- All balances and deposits for KPAF were also accurate.

### Recommendations:

1. A notation should be included on the statement should any money be removed from an investment account as to the reason for withdrawal.
2. Staff should consult with the accountant's Quickbooks expert on the appropriate way to reconcile deferred expenses and to handle uncleared checks after a set period of time.
3. There is a regular transfer of funds between the KPAF and KPA accounts. It is recommended that these be accounted for with a receipt to help clarify the exchange amount and dates.

### Findings – Audit for July 1 – December 31, 2007:

- The financial records for KPA and KPAF were clearly marked and all receipts were in chronological order.
- All bank statements and financial receipts for KPA were correct upon review.
- All balances and deposits for KPAF were also accurate.

### Comments

1. All accounts were switched from Fifth Third Bank to StockYards Bank as of January 1, 2008. This changeover was made to capitalize on lower fees and better interest rates.
2. Retirement accounts were put in place for central office staff.

### Recommendations:

1. Uncleared checks continue to appear on the books several months after issue. Typically these have small reimbursements checks made out to individuals. Recommendation made to note on checks a "must be cashed by date" memo line and void the transaction after that date.

Staff were commended for the excellent organization, accuracy and thoroughness of the financial records.

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## Reports from Board Representatives

### **Academic Representative - Scott LaJoie, PhD**

Overview: The purpose and focus of the academic representative is to ensure that the voices and concerns of KPA members who identify themselves as part of academia.

2007-2008 Goals and Accomplishments: During the past year, we have helped host a successful spring meeting that saw one of the highest attendee rates yet. We established a listserv to communicate with our academics and have discussed ideas for generating greater communication amongst ourselves. We continue to work with Joe and Catherine Aponte to find student volunteers and technical support for the Work Family Community conference this fall.

2009 Goals: To host an online survey of the academic members to identify their primary needs and concerns with regards to KPA. To better utilize the listserv and other communication tools available to us.

### **Central Region Representative - Scott Doyel, MA**

Overview: To serve as a liaison between the Board and the members of the Central Region assisting in membership efforts, continuing education offerings, and general communication.

2009 Goals: Coordinate a social event and/or continuing education event in the Central Region with particular emphasis on networking between KPA, psychologists, and mental health professionals from other disciplines.

Additional Comments: Members in the Central Region are requested to provide suggestions for networking and CE events that they would like to see hosted in our region. Please email to: [scott.doyel@uhsinc.com](mailto:scott.doyel@uhsinc.com)

### **Child & Adolescent Interest Section Representative - Felicia Smith, PhD**

Overview: The Child and Adolescent Section serves to support the interests of psychologists who focus on children and adolescents in their practice and in academia. The section representative holds a voting seat on the KPA Board of Directors. The primary aims of this section are to improve the services offered to child and adolescent psychologists, and to allow a medium through which colleagues may provide and receive support.

### **Clinical Interest Section Representative - Brenda Nash, PhD**

Overview: The purpose of the Clinical section is to connect practitioners across the state who are clinically focused. The listserv has functioned as a resource for practitioners who have clinical questions to pose to peers or who have been in need of referral information.

2007-2008 Goals and Accomplishments: Efforts to get members to introduce themselves on the listserv to facilitate communication was not successful. However, members seem to be aware that the listserv is an available resource to them, and several have used the forum as a way to gather referral information or process a difficult client situation. So while communication is not frequent, when it does occur, it seems to be useful.

2009 Goals: The main goal for the upcoming year is to dialogue with the KPA Board and members of the Clinical Section to determine if needs would be better met by reorganizing as an Adult Clinical Section. This suggestion comes out of the realization that there is much overlap between the memberships of the Clinical Section and the Child Section, and that much of the discussion on the Child Section listserv is of a clinical nature.

### **Education and Training Interest Section Representative - Steve Katsikas, PhD**

Overview: As a newly formed section, the primary goals for the Education and Training Interest Section are to define its purpose among group members, develop connections between professionals involved in the training and educating of undergraduate and graduate psychology students, and make recommendations regarding programming content for the KPA conferences and CE workshops relevant to training and education.

2007-2008 Goals and Accomplishments: Constituted the Education and Training Interest Section. Emails to interest group members were sent out to inquire about goals and objectives for the members.

2009 Goals:

- Hold a meeting at the Spring Academic Conference for members to meet and share ideas
- Make recommendations to the CE chair about program content for KPA workshops

### **Greater Fayette Region Representative - Martha Wetter, PhD**

Overview: My role as greater Fayette region representative is to provide opportunities for current KPA members to express their opinions and/or concerns to the Board, as well as to socialize with each other. In addition, my role involves encouraging psychologists in this area to become or remain members of KPA.

2007-2008 Goals and Accomplishments: During the past year, there was a "spring social" at the Frank Lloyd Wright house in Frankfort. In addition, I contacted KPA members who had not renewed their memberships to find out why they had not (most often the response involved economic considerations). Finally, I participated in the new member recruitment (60 members in 60 days),

taking 4 non-members to lunch, with the result that one person said “no thank you” to membership, two said they are considering joining, and one said she will join as soon as she gets her license number.

2009 Goals: Plans and goals for the coming year include holding another region-wide social event, continuing to encourage psychologists in the area to join or stay in KPA, and bringing any problems or issues psychologists express to the Board’s attention.

### **Health Psychology Interest Section Representative - Kristen Rabineau, PhD**

Overview: To generate interest, discussion, education, and networking in the area of Health Psychology in Kentucky.

2007-2008 Goals and Accomplishments: Established listserv for members of Health Psychology Section and generated discussion in areas of Health Psychology. Interviewed prominent health psychologists in the community and provided summary to members regarding issues pertinent to the field. Organized health psychology table at the KPA convention lunch for purpose of networking and generating ideas for future direction of this section.

2009 Goals: Continue generating discussion on listserv, increase membership, and hold one networking event in Louisville and Lexington.

### **Jefferson County Representative - Lisa Powell, PhD**

Overview: As a regional representative I serve as a liaison between KPA members in the region and the KPA board. I also work to promote and sustain membership in KPA.

2007-2008 Goals and Accomplishments:

- Organized and held two social events for members in the region
- Contacted lapsed members to discuss their membership and any concerns
- Contacted new member to welcome them to KPA
- Promoted new member listserv

2009 Goals:

- Continue to attract new KPA members as well as ensure that current members are satisfied with their membership
- Organize a spring social event for members

### **KPAGS Representative - Laura Gabel, MA**

Overview: My role is to increase student membership and make sure that KPA is meeting students’ needs.

2007-2008 Goals and Accomplishments: I have worked to increase student membership with several new members registering. Assisted with planning for the KPAGS Social Hour at Convention

2009 Goals: Continue to increase membership Ask students about different ways that KPA can meet their goals. Increase involvement in the Spring Academic Conference.

### **Master’s Representative - Kecia Fulcher, MA**

Overview: The Master’s-level representative position is designed to give a voice to issues/concerns of professionals degreed at the Master’s-level or credentialed less than the doctoral-level.

2007-2008 Goals and Accomplishments: The primary goal for the 07-08 year was to increase awareness of KPA to the Master’s-level professionals, to increase membership from this under-represented group of professionals, and to solicit for concerns that need to be addressed by KPA regarding Master’s-level professionals. Cay Shawler, KPA’s president this past year, and I, sent a letter to all Master’s-level professionals that are credentialed by the Kentucky Board of Examiners in Psychology (KBEP) but are not members of KPA. Six new members joined following this solicitation.

2009 Goals: Along with increasing the entire membership of KPA, Cay Shawler and I will again send a letter to solicit current KPA members to “Bring On a Buddy” by recruiting another Master’s-level professional to join KPA. We also have plans to encourage CMHC membership and to communicate with Universities that have a terminal Master’s program in psychology to promote the benefits of KPA involvement and membership. Additionally, I have agreed to work with Ed Morris, the Western region representative, to split up the Western region and have at least one luncheon social. Additionally, I would like to work with local schools in the Pennyroyal region regarding the “Heads Up- for Kids” campaign for elementary students, before my term is finished.

Additional Comments: I welcome any issues/concerns that other Master’s-level professionals believe need to be brought to the attention of the KPA Board. I want to be your representative. Please feel free to contact me (kfulcher@pennyroyalcenter.org).

### **Northern Region Representative - Andrea D. Evans, PsyD**

Overview: As the Northern Representative, I am available to my cohorts to assist them in finding information and resources relevant to their practice. I continue my goal of encouraging more practitioners from the area to be active in KPA and the Kentucky psychological community as a whole.

2007-2008 Goals and Accomplishments: KPA and Evans & Associates, PSC participated in the Boyd County Health Department’s Longest Day of Play. The goal of the event is to encourage physical activities for all family members. The entire perimeter of Central Park was lined with activities and health information. Community members received a passport that was stamped as they completed tasks at each station. The completed passport could then be submitted for drawings and prizes. Approximately 1500 community members participated. The KPA booth provided mental health educational information and literature. Our activity was a blind-folded obstacle course that required one family member to offer verbal instructions only to the blind-folded member. Children particularly

seemed to enjoy ordering their parents through the course, sometimes intentionally heading them toward trees. It was a fun afternoon with positive interactions with the community, so we intend to participate with an activity and booth each year.

2009 Goals: We are planning to host at least one CE event in the Ashland area. Tentative plans are to provide one event that will meet the ethics CE requirement.

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## **Committees, Task Forces and Consultants**

### **Business of Practice Network Committee - Chair: Elizabeth W. McKune, EdD**

Committee Members: Andy Meyer, PhD, Ryan Wetzler, PsyD, Edward Marshall, PhD, Joe Edwards, PsyD, Kelly McGraw, PsyD, David Hanna, PhD, Kate Perryman, PsyD, Art Shechet, PhD, Angel Jones, MA, Belinda Powell, BA

Overview: The Business of Practice Network Committee has a dual mission of providing support to psychologists in practice, as well as promoting the value of psychology in the business community. The committee has two subcommittees including the Practitioner's Needs Subcommittee and the Corporate Wellness Subcommittee.

2007-2008 Goals and Accomplishments: For 2007-2008, the Business of Practice Network Committee sponsored a day and a half Business of Practice Conference. It was held July 11th & 12th at the 21c Museum and Hotel located in Louisville, KY. Workshops focused on resources to enhance practice, as well as generating alternative opportunities for psychologists beyond traditional clinical practice.

2009 Goals: The following goals are planned for the next year:

- Practitioner Business Issues Sub-Committee: structuring business; opportunities to grow business; legal & ethical aspects and business issues of private practice; use of technology; reimbursement issues; avoiding burnout; implementing federal parity; planning for national health coverage
- Goals of Corporate Wellness Sub-Committee: Develop modules based on helping individuals change unhealthy and self-limiting behaviors, educate corporations on health behaviors such as obesity, insomnia, stress, etc.; develop series of health behavior talks; develop modules based on helping individuals change unhealthy and self-limiting behaviors; identify corporate partnerships; partner with civic organizations to increase visibility; utilize Psychologically Healthy Workplace Award (PHWA) program as an entry point for professional psychology into corporations.

### **Communications Committee - Chair: Tony Sheppard, PsyD**

Committee Members: Sean Reilly, PhD, James Hanaver (KPAGS), Renee Flaherty (KPAGS), Chuck Webb, PsyD, Brenda Nash, PhD, Jennifer Burleson, PsyD, Linda Rice, PsyD

Overview: I have been overseeing the revision of the KPA website and working to provide some structure to the committee.

2007-2008 Goals and Accomplishments: Student interns worked on revisions to the website. Committee has decided on key elements of the website design and functionality.

2009 Goals: Implement the website redesign. Educate KPA members about the features of the website.

### **Ethics Committee - Chair: Kimberly McClanahan, PhD; Vice Chair: Joni Caldwell, PhD**

Committee Members: Benjamin Birkby, PsyD, Donald Crowe, PhD, Jacqueline Graven, PsyD, P. Tim Harris, PhD, Ken Lombart, PsyD, Charles Morgan, PhD, Sharon Turpin, MS, Cay Shawler, MS, Laura Moore-Lamminen, MA, Laura Gabel, KPAGS

Overview: The fundamental objective of the KPA Ethics Committee is to assist psychologists in maintaining ethical conduct at the highest professional level. The committee works toward this objective by educating members of KPA concerning ethical principles and standards and by working with KPA in achieving its objectives as reflected in the KPA by-laws. The primary role of the committee is to provide education and consultation to KPA members.

2007-2008 Goals and Accomplishments:

- Eight formal requests for consultation from KPA members were received. The committee responded in a timely manner (within 5 working days) to all 8 requests.
- Two articles were published in the KPA Newsletter. The topics were: new record-keeping guidelines approved by APA, and self-care for psychologists.
- At the KPA Annual Convention on November 6, 2007, the committee presented the new APA guidelines for record-keeping in a presentation entitled From mind to Body: Good Record Keeping Demands Thought and Action.
- At the KPA Business of Practice Conference on July 11, 2008, Kim McClanahan and Charles Morgan presented an ethics workshop for the Business of Practice entitled Business-Related Ethical Concerns in the Practice of Psychology.
- Kim McClanahan spoke to the Child Psychology interns at the University of Louisville School of Medicine on Ethical Considerations in Psychological Practice: A look at the 2002 APA Ethics Code.
- The committee began consideration of its three-hour ethics presentation for the 2008 KPA convention and has decided on the title Top Ethical Dilemmas: Recognition, Assessment, and Management in Psychological Practice.
- The committee was asked to review and make suggestions regarding changes to a KPA Director's Code of Conduct and Conflict of Interest document. The committee provided the Board of Directors with a final Conflict of Interest policy for board members who are voting members of the board.

- The committee has continued discussions of the various forms that a Colleague Assistance Program might take, with members reporting on various state initiatives discussed at the recent APA convention.

2009 Goals: Continue to respond to formal consultation requests in a timely manner. Present ethics-related brief workshops around the state, as requested. Submit ethics-related articles for publication in each KPA newsletter. Engage in other activities, as needed or requested, which meet the overall objectives of the Ethics Committee as it functions within KPA. Particular emphasis at present will be placed on developing a Colleague Assistance Program appropriate for Kentucky psychologists.

Additional Comments: The Ethics Committee is open for new membership at this time.

### **Federal Advocacy Coordinator – Sheila Schuster, PhD**

Overview: Serve as a Liaison between the Governmental Affairs Office of the APA and the KPA Board and members who are interested in advocacy for psychology at the Federal Level.

2007-2008 Goals and Accomplishments: After more than 12 years of advocacy, Congress passed the comprehensive Mental Health and Addictions Parity Act this session! It will bring parity for MH/SA benefits to millions who are covered by self-insured or self-funded insurance plans!

2009 Goals: I will be working to inform KPA members about the effects of the MH/SA Parity legislation. I will also be educating KPA members about the importance of advocacy and trying to increase the number of members who engage in these activities.

Additional Comments: KPA Members can join the Grass Roots Advocacy Network (GRAN) by noting their interest in their Member Profile online.

### **Gender Issues Sub-Committee - Chair: Catherine E. Aponte, PsyD**

Committee Members: Amy Greenamyre, PhD, Tammy Hatfield, PsyD, Pat Lefler, PhD, Brenda Nash, PhD, Sean Reilley, PhD, Melissa Forest, MA, Heather Nevins, MA, Cindy Tackas, MA.

Overview: The goals of the Gender Issues Committee are to: (1) disseminate gender relevant information to KPA membership; (2) yearly gender-related presentations at KPA Annual Convention; (3) support and initiate special gender related activities and projects of KPA membership. The several areas of interest to the current Gender Committee Members are: (1) Feminist perspectives on girl's and women's issues; (2) Men's treatment issues; (3) Looking at gender through the eyes of work-family integration.

2007-2008 Goals and Accomplishments:

- E-mail dissemination of two Gender Issues Newsletter to KPA membership (April and July). A third issue will be disseminated in December.
- 2008 KPA Annual Convention organized around Work, Family and Community. Catherine Aponte is Chairperson of the Convention.
- Pat Lefler and Amy Greenamyre are participants in the Kentuckyiana Postpartum Coalition.
- Pat Lefler was selected at the new Chair of the Gender Issues Committee. She will take over the position following the KPA Annual Convention.

2009 Goals:

- Continued production and dissemination of three annual issues of Gender Newsletter.
- Improve organization of committee by developing a mission statement and a process for identifying yearly goals.

Additional Comments: The Committee welcomes new members and would like to receive articles or ideas for articles for the Gender Newsletter.

### **KPA Ambassadors Coordinator - David T. Susman, PhD**

Overview: The KPA Ambassadors are the faces of KPA throughout Kentucky who help to spread the news about KPA services and other useful resources for psychologists. Ambassadors work in coordination with the KPA Membership Committee. They help recruit new members and promote retention of current members. They organize social events and conduct presentations about KPA programs and benefits.

2007-2008 Goals and Accomplishments: Founded in early 2007, this was the second year of the KPA Ambassador program.

Currently there are over 80 Ambassadors throughout the state, including Doctoral and Master's level members in a variety of applied and academic work settings, early career psychologists, and graduate and undergraduate students. Ambassadors have done numerous regional presentations and have been spearheaded a statewide campaign to recruit new members.

2009 Goals: One goal for 2009 is to reach a level of 100 KPA Ambassadors statewide. Ambassadors will continue to engage in recruitment and retention activities and the promotion of KPA's many outstanding services and programs.

Additional Comments: Anyone who is interested in becoming a KPA Ambassador is encouraged to notify the KPA Office or email David Susman (dsusman@insightbb.com).

### **KY Disaster Relief Network Coordinator - Sonja Feist Price, PhD**

Overview: My role is to serve as a liaison between KPA, APA and state-level disaster relief organizations and to work with other state and federal agencies to organize disaster relief efforts, should the need arise.

2007-2008 Goals and Accomplishments: Establishing partnerships with various chapters of Kentucky Red Cross, and the Kentucky Disaster Relief and Emergency System.

2009 Goals: To continue establishing partnerships and serving as a liaison to local, state and federal disaster relief efforts.

## Liaisons

### **Kentucky Mental Health Coalition Liaison - Elizabeth W. McKune, EdD**

Overview: As the Kentucky Mental Health Coalition Liaison, I attend quarterly meetings sponsored by the coalition. These quarterly meetings provide a forum to network, build relationships, and become informed about issues related to mental health across the Commonwealth.

2007-2008 Goals and Accomplishments: Actively participate in meetings and build collaborative relationships.

2009 Goals: Continue active participation in meetings and building collaborative relationships.

### **Kentucky Association of Psychology in the Schools (KAPS) Liaison - Suzanne Rogers, PhD**

Overview: My purposes are to: increase visibility of each organization to the other; be a "public relations" person between KPA and KAPS; locate resources for each organization that I may know of due to being a member of both; correct any misinformation that exists for KAPS members as to KPA's function, its benefits to all psych in the state including masters level psychs, and how it differs from KY Board of Examiners; to work cooperatively on projects and activities that concern both KAPS and KPA and others I don't yet know of.

2007-2008 Goals and Accomplishments: Attending my first KPA board meeting in March, the retreat in June, and the September board meeting. At each of these I was soaking up new information like a sponge, and trying to see how I could share it with KAPS executive counsel and members. I attended a KAPS EC meeting in June. At each meeting, hopefully I can share information to help KAPS learn more about and work more cooperatively with KPA.

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